The Village of Oakland Woods



Village News



Embrace the possibilities

420 S. Opdyke Rd · Pontiac, MI 48341 · www.pvm.org

September 2021

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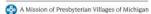
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A SENIOR LIVING COMMUNITY



Look for PVM on:







Notes from Administrator

Happy September!

Hello Residents, welcome to September; I cannot believe summer is winding down already. We have had many projects going and a few more before the end of the year.

You may have seen by now that our 2021 concrete and asphalt project has started. Midwest Construction took care of the concrete the week of August 22. Thank you for helping us making the project run smooth by using alternative parking. The asphalt project is tentatively scheduled to begin the week of September 6. Much like the concrete project, we will place notices in each area's newsletter box when the asphalt project will begin, and we will inform you by way of One-Call. These notices will include areas that we are having excavated and re-poured. Again, we thank you for your patience and co-operation.

I would also like to express thanks to all the Oakland Woods residents for having patience with us while the village bus is being repaired. For a good laugh, can you imagine Matt and myself attempting to get the bus to the repair shop, but in that effort breaking down in the middle of Opdyke? Well, that did happen. It has taken longer than expected, but we are looking forward to having the bus back, operational, and able to transport you to fun outings and trips.

As you are aware we take pride in our landscaping on the Oakland Woods campus, and we are open to hearing any concerns you may experience. Please refrain from contacting the office about your concerns while the crew is still on the campus. This gives them time and respect to rotate through the campus to complete all assignments. If something is noticed after they leave, I would be more than happy to follow up with the crew leader to address any issue. I thank you for your cooperation in this matter.

Finally, I need to provide PVM's Risk Management Team with accurate COVID-19 vaccine numbers. We are still striving to ensure that the Oakland Woods Campus achieves a

70% or higher rate of all residents and staff vaccinated. If you have been vaccinated, please inform Chaelyn, our receptionist, so we can accurately account for your vaccination status.

Thank you all and I hope you and your families have a great month. As always, please feel free to stop in and say "Hi" or let me know how I can better serve you.





The Senior Advocate.

By Lynn Alexander, Vice President of Public Affairs

"I'd Rather Do It Myself"

Recently I heard several stories of seniors who tried to take care of tasks which were too strenuous and ended up harming themselves in the process with everything from hip to knee injuries and beyond. They play the game "I'd Rather Do It Myself". That made me think that it is time to remind all of our readers of advice I have been dishing out for over 20 years! When I first started with this messaging, seniors seemed to be much older than myself. Now this includes myself and my contemporaries. Ask loved ones and others for help if there is an object out of reach or if there are chores that may be beyond your capabilities these days. That includes indoor and outdoor tasks such as reaching to change a lightbulb up high or clearing debris from your backyard. My husband and I always say: "Call the guy"!

Also, do not fall into the trap of playing "I've Got A Secret". Keep your loved ones informed as to what is going on with you. They cannot help you if they are kept in the dark. Be smart and savvy. Your quality of life depends on it.



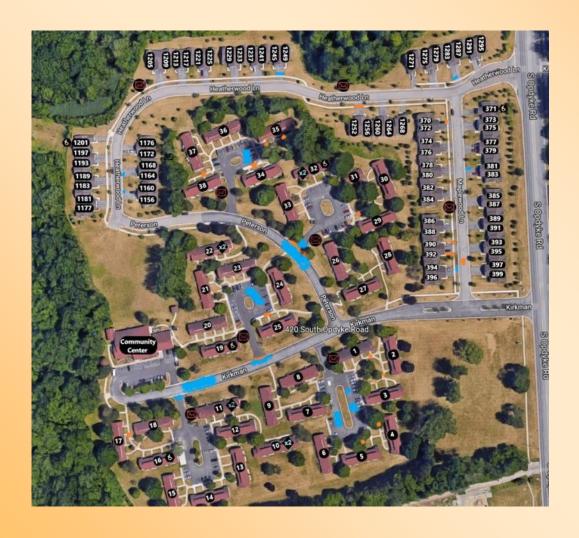
Maintenance News

By Matthew Myers
Maintenance Lead

Hello residents!

Concrete and Asphalt started on Monday August 23rd and will continue for a few weeks as Midwest Pavement repaves the most damaged parts of our roads and walkways. There will be signs, cones, and caution tape where needed to keep residents safe.

On the map below you will see Concrete areas in **orange** which is where they will begin. The **blue areas** are marked for asphalt. When we have an asphalt schedule we will be able to prepare you at that time.



Front Office News

By Sharon Benton & Chaelyn Williams

Hello residents,

Just a friendly reminder to ask you to pay close attention to your cover letter on your recertification packets. We are noticing that forms are filled in areas that are to be completed by third party verifications. Also, packets are being returned without current social security/SSI Letters. It is mandatory that we have that information. If you do NOT have your letter, please request it immediately from the social security office. The number to request such information is 1-800-772-1213. If they will fax this information to you, please give them the office fax number which is, (248) 334-6373. For those of you who have access to a computer, you can set up an account online at www.socialsecurity.gov. In the upcoming months, we hope to have the recertification process even more streamlined. In order for you all to help us make this process run smoothly and efficiently, we are asking that you return your completed packets on the date and time specified. Along with that, please adhere to the final signing time that's given to you by the receptionist. Thank you to everyone for their continued cooperation throughout this whole process.

-The Administrative Office

Service News

By Sue Carney
Service Coordinator

Welcome September! It is time for the beautiful Fall Season!

Reminder: Some absentee ballots do not come in the mail automatically. If when you signed up for the absentee ballot and you checked both August and November, you should get 1 in the mail. If you are not sure what you checked, please call the city clerk's office, 248-758-3200. Call this number to get an absentee ballot, if you need one.

Reminder: Walgreens will be here September 15 for flu shots. It is not too late to sign up. Dead-line is September 3. If you have already signed up, you can come to the community center to complete the paperwork, drop in and see me, prior to September 15.

Disability Network will be here Wednesday September 8 at 11:30 a.m. to 1 p.m. They will be talking about prevention of elder abuse, know the signs, know the risks and learn resources to help. Disability Network will providing information on programs and services for seniors, COVID support and transportation resources. Each participant who comes & stays will receive a \$25 gift card from Kroger's.

Cooking Matters, a 6- week educational program thru Michigan State University Extension, will begin here Thursday September 9 at 1 p.m. This will be taught by a chef and a nutrition instructor. Learn how to plan & budget for healthy & affordable meals. Each participant will take home a bag of groceries at the end of each class. If interested you must sign up in the sign up book outside the office.

Did you know that if you qualify, you could get lower cost internet thru AT&T or thru the Emergency Broadband Benefit program. You can go to GetEmergencyBroadband.org or call (833-511-0311) to get an application.

Reminder: Oakland County Deputy, Samuel James has been re-scheduled to come out here on Wednesday October 6 at 1 p.m. He will be talking about senior concerns, safety, scams, questions and more.

Lastly, if attending events, please sign up in the sign up book, outside the office.

Have a great month!

-Sue



Wellness News

Joelle Baughman Wellness Coordinator

Happy September!

Where has the summer gone? I am very sad that it is coming to an end, but we had a great summer here at Oakland Woods with all of the events. However, WE NEED TO TALK SEPTEMBER AND THE 2021 VILLAGE VICTORY CUP!! Your village needs you and your participation. Due to lack of participation last year, Oakland Woods took 3rd place, instead of 1st place. WE ARE WINNERS HERE, COME ON!!! The 2021 VVC will take place FRIDAY, OCTOBER 15th at 12:00PM. Lunch will be provided for all participants. I have planned for an informational meeting on Tuesday, September 7th at 1:00PM, where you can ask me questions, we can get a list of volunteers, and we will be making t-shirts on September 20th at 1:00PM for all participants. In addition, Thursday, September 30th at 1:00 will be the Kick Off Party for all, lunch provided. PLEASE SIGN UP FOR ALL EVENTS IN THE EVENT BOOK! If you do not sign up, I CAN NOT GUARANTEE YOU A SPOT AND FOOD!!! Check out the September calendar for all events, times, and dates. Call or email me if you have any questions!



September Events

- Exercise
- Technology Together: Chance for you to have any of your technology questions asked, bring your own devices
- Adult Coloring
- Farm Boy Produce Trip
- Village Victory Cup Meeting
- Meijer Trip
- Christmas Party Brainstorm and Planning
- Calendar Planning Meeting
- Walmart Trip
- Cooking Matter's with MSU Extension
- Birthdays and BINGO
- VVC T-Shirt Making
- End of Summer/ Welcome Fall Party
- Movie and Popcorn
- Cider Mill Trip
- Village Victory Cup Kickoff Party

ANIMALS

GESUOMHNWRB X D A Q H J X O O M L FARI R 5 Y K H BXXL ROTAGILL T Y X L WI N LJAE VQZ QQDPOYKN QETJY T KQCLKM 5 H W L Y E

CAT HIPPO MOUSE TIGER
DOG SQUIRREL MONKEY
BIRD GIRAFFE ALLIGATOR
ELEPHANT FISH LION

Birthday Celebration!

Happy Birthday to all September Babies!

Mary Tillman	9/3
Joan Manchester	9/4
Phyllis Davenport	9/8
Mary Proper	9/8
Becky Bolden	9/8
Patricia Coulson	9/9
Sharon Shreve	9/20
Dorothy Dilworth	9/23
Raycene Madden	9/24
Bernadette Harrison	9/26





Follow and like us on Facebook at Village of Oakland Woods. We recently created a new page that allows you to stay up-to-date with our community.

Resident Council News

By Philena Holdridge

Resident Council President

Resident Council News

September 2021

Philena, Resident Council President

"Blessed is the man that trusteth in the Lord and whose hope the Lord is." Jeremiah 17:7

Resident Council Board

Philena Holdridge, President

(248)977-3038

Becky Bolden, Vice President

(248)766-3684

Vernice Harper, Secretary

(248)622-4470

Joyce Parlor, *Treasurer* (248)210-5678

As Irene Patterson, our Bible Study teacher, said in Bible Study this week, "This world and this life may at times be hectic, but remember our hope is not based on the uncertainties of our day to day life...but our hope is based in and stands on God's faithfulness and His eternal promises!!

Monthly Newsletter

It is so critical that you pick up the monthly newsletter at the mailboxes in the black box at the beginning of the month. It offers you so much information from each of the staff, as well as a calendar of events for the month. These events offer you an opportunity to get to know other residents and build friendships, as well as having a fun time or learning time for different types of meetings. Recently we had the Oakland Woods 41st Anniversary Party with food and entertainment. The dunking booth was a real hit! Two of the staff, Joelle and Sue, were good sports, as well as some visiting young people. Come and be a part of all that's going on. If you want to share ideas, come to the planning meeting with Joelle each month! It's on the calendar, but please sign up for each planned event so the staff can plan ahead for refreshments.

Meet and Greet

We hope to have a candidate or two from Pontiac here for our September Resident Council Meeting on September 13 at 2:00 PM. We will know soon and then send out a "One Call" to let you know any details. Light refreshments will be served!

School Supplies

School will begin soon, so we will be collecting school supplies for a Pontiac school, so we can provide the teachers with a few extra supplies for needy students. Please be generous...the needs are great! We will collect them at our next Resident Council Meeting September 13, 2 PM.

Enjoy the rest of summer!

Philena. Resident Council President

Let's Talk

BY Felicia Hollis

Resident to Resident

Hello Friends, I hope everyone's summer is going well. With it nearing fall, we sometimes like to do a fall clean up to ring in the upcoming season. With that being said, this leads me to our upcoming events.

Swap and Share

On Saturday, September 18th from 12-5pm, we would like to have a Swap and Share. Set up your items on your lawns, driveways, and patios. The following items are <u>NOT</u> allowed:

- **NO** Under garments
- **NO** Large items (ex: furniture)
- **NO** Large Electrical Appliances
- *NO* Food

The following items are allowed:

- Small electrical appliances
- Bedding (new in package)
- Glassware
- Jewelry
- Decorative pieces
- Items you would usually find at a garage sale

Any clothing donated <u>MUST</u> be cleaned

It will be exciting to walk and talk through the Village and meet our neighbors. We hope the entire village will participate in this event. For more info, feel free to call me at (313)-728-6647 or talk to Joelle down at the community center.

Upcoming

Some residents have expressed interest in a card club, a ladies monthly talk group, and a bike riding club. If you have any interests in any of these activities, please contact me. If any of our male residents have any interest in forming social groups, I will be happy to assist with that also. In the upcoming months, there will be different sponsored events listed on the monthly calendar that will be hosted by Resident to Resident.

Lets use yesterday as our wisdom, not a deterrent to our future.

-Felicia Hollis

Sat	4	11	18 12:00-6:00 Community Swap	25	All events are subject to change.
Fri	3 11:00 Exercise	10 11:00 Exercise 1:00 Helen Clark 100th Birthday Parade Celebra- tion: Meet at Center	17 11:00 Exercise 1:00 Birthdays and BINGO	24 11:00 Exercise	
Thu	2 11:00 Walking Club 11:30 Technology Together	11:00 Walking Club 11:30 Technology Together 1:00 Cooking Matters: MSU Extension Fruits and Veggies	16 11:00 Walking Club 11:30 Technology Together 1:00 Cooking Matters: MSU	11:00 Walking Club 11:30 Technology Together 1:00 Cooking Matters: MSU Extension	30 11:00 Walking Club 11:30 Technology Together 1:00 Village Victory Cup Kick
Wed	1 11:00 Exercise 11:30 Village Chorus	11:00 Exercise 11:30 Disability Network Speaker 12:00 Farm Boy Produce: Auburn Rd. Trip	15 10:00-1:00 Flu Shots 11:30 Village Chorus 12:30 Meijer Trip	11:00 Exercise 11:30 Village Chorus 12:30 End of Summer Party/ Welcome Fall	11:00 Exercise 11:30 Village Chorus 12:30 Cider Mill
Tue		7 10:00 God's Word and Prayer 11:00 TOPS 1:00 VVC Meeting 1:30 Blood Pressure Clinic	14 10:00 God's Word and Prayer 11:00 TOPS 1:00 VVC Practice 1:30 Blood Pressure	10:00 God's Word and Prayer 11:00 TOPS 1:00 VVC Practice 1:30 Blood Pressure Clinic	10:00 God's Word and Prayer 11:00 TOPS 1:00 VVC Practice 1:30 Blood Pressure
Mon		Yakor Oay	13 11:00 Exercise 11:30 Calendar	11:00 Exercise 11:30 Christmas Party Brainstorm and Planning Meeting 1:00 Movie and Popcorn	11:00 Exercise 1:00 VVC T-Shirt Making for
Sun	Village Activities Van Trip Exercise Guest Presentation	5	12	19	26

Presbyterian Villages of Michigan **Mission Statement**

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

www.pvm.org

Office Number

Village Staff

Jon Hayes

Housing Administrator

Sharon Benton

Administrative Assistant

Chaelyn Williams

Receptionist

Sue Carney

Service Coordinator

(248) 334-4379

Joelle Baughman

Wellness Coordinator

Taylor Webb

Sales and Leasing Specialist

Matthew Myers

Maintenance Supervisor

Charles Williams

Maintenance Technician

EMERGENCY MAINTENANCE

ON-SITE SECURITY

(248) 330-0213

(586) 596-8185 **OR**

(313) - 423 - 5255





Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at 248-281-2040 or visit www.pvmfoundation.org

Embrace the possibilities

Pontiac, MI 48341-3145 420 S. Ордуке Ка

