The Village of Holly Woodlands

👫 Village Herald 👫

Embrace the possibilities

3325 GRANGE HALL ROAD HOLLY, MICHIGAN 48442 • WWW.PVM.ORG

JULY 2018

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The Village of Holly Woodlands

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:

VILLAGE ADMINISTRATOR

Congratulations to those who participated in the Village Victory Cup. This is a great time to join with other Villages and have a day of fun and friendly competition.

We will be having our Board and Resident Cookout

Wednesday July 18th at 5:30 pm

The event is FREE to all residents.

Please make sure you sign up in the Lobby so we can plan on how much food we will need. This is a great time to come together and meet the board members. It's always a fun time.

Please be sure to come out to the resident/administrators meeting on July 25th at 1:30 in the Circle Community Building. This meeting is the time to express your concerns and suggestions. I hope to see you all there.

Enjoy celebrating Independence Day!

Deanna Coggins Administrator



www.pvm.org

Are you ready for the most exciting event of 2018? 300 PVM residents are... It's the Village Victory Cup!

I hope to see you at one of my favorite events of all time, *the Village Victory Cup* on June 22nd at Suburban Collection Showplace in Novi!

I love the event because it brings donors, volunteers, residents and staff members together under one roof! It's a fun day of friendly, athletic-style competition—and a testament to the work that's being done for older adults.

It's one way that donors, residents, staff and volunteers at PVM are making Michigan the best place to age! I can't wait for the bean bags to fly, the hoops to shoot and the games to begin!

Warm Regards, Paul J. Miller, CFRE

*P.S. Behind every event is great volunteers! Do you want to volunteer at an event like the Victory Cup or the PVM Gala? Call Bobie at 248-281-7252!



This month we have a special guest columnist, Kelli McDonald. Kelli recently graduated from Oakland University and she is interning with PVM this summer!

It's Strawberry Season!

Strawberries are delicious and nutritious and pair perfectly with any meal! Strawberries may improve your health as they are full of potassium, magnesium, folate, and vitamins C and K. Strawberries are a great snack, but can also be added to many other foods. Add strawberries to your salad, yogurt, muffins, salsa, tea, and more!

In Michigan, strawberries are in season from June – August. A fun way to add more physical activity in to your day is to go strawberry picking! Walk around a local farm and pick fresh strawberries! Here is a link to find your nearest strawberry farm. <u>http://www.pickyourown.org/MI.htm</u>

When picking your strawberries, choose the bright red ones. This means that they are ripe and ready to eat! Make sure that they are not too soft or bruised! If you have an abundance of strawberries, you can freeze them for up to 10 – 12 months! In order to keep them fresh, strawberries should be refrigerated daily. Rinse your strawberries before you cut them to keep them fresh longer!

Strawberry Fun Facts*

Every state in the U.S grows strawberries. An average strawberry has 200 seeds. Americans eat 3.4 pounds of strawberries on average each year.

*Source: https://www.countryliving.com/food-drinks/a35552/facts-about-strawberries/





SERVICES OFFERED

Community Supplemental Food Program (CSFP): Last Tuesday of every month at the Wellness Center 9 am-11 am

Bible Study: First & Third Tuesday's @10:00 2nd floor lounge .

Bible Enrichment: Second & Fourth Tuesday's @ 10am 2nd Floor Lounge.

Beauty Salon: Third floor of the Manor.

Please call Sally @ 248-534-5641 to schedule an appointment.

BIRTHDAY LIST DORIS NIELSON 7/1 JOYCE DAROCZY 7/3 SALLY SWAYNE 7/8 EVELYN HANSEN 7/10 BONNIE SCOTT 7/12 SUSAN LIVINGSTON 7/14 BARBARA MIRSKY 7/15 MARY SALIM 7/17 DIANE STEMPLE 7/20 LINDA HEBERT 7/21 LINDA COOK 7/27 JUDY NIEMAN 7/30

If you are currently receiving Medicaide Logisticare 1-866-791-4107 will provide free transportation to medical appointments and anything medical related, such as the pharmacy.



STAFF EUGENE BLANKENSHIP 7/15

Resident Recipe

Coney Sauce

1lb ground beef, 1tsp onion salt, 1 tsp chili powder, 1\2tsp salt, 1 tsp Comino's seed, 1 tsp garlic salt, 1\4c

water,1c tomato sauce

Brown beef slowly, but thoroughly breaking with fork until fine

Add remaining ingredients, simmer uncovered 10 minutes

Enjoy!

Submitted by : Patti Pollack

Salute to our Veterans Choir Concert







Senior Day at Crossroads Village

Belle Isle Conservatory



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Ι	2 Movie Day The Sandlot 1pm Chair Exercise 9am	3 Woodland Walkers 9am Walmart Fenton 9:30 Bible Study 10am	4 Office Closed Have a Have a Have a	5 Woodland Walkers 9am Bingo 6:45	6 Chair Exercise 9am	7
8 Church 6:00	9 Senior Day at 4H Fair 10am Chair Exercise 9am	10 Woodland Walkers 9am Lunch Sale 11am Bible Enrichment 10am Food Samples 1-3pm Bingo 6:45	11 Kroger 9am Neighbor to Neighbor 12:30 Blood Pressure 2pm Choir 2pm Chair Yoga 6pm	12 Woodland Walkers 9am Bus Service 9-3 Bingo 6:45 Meet & Greet with Grand Care 10am	13 Garage Sales & Coney 9:30 Chair Exercise 9am	14 Prayer 6:00
15 Church 6:00	16 Countryside Antique Mall & Lunch 9:30 Chair Exercise 9am	17 Woodland Walkers 9am Davison Farmers Market 10am Bible Study 10am Bingo 6:45	18 Vgs 9:30 Carpenter Church Free Bread 1pm Board Cookout 5:30pm Choir 2pm Chair Yoga 6pm	19 Woodland Walkers 9am Menards & Home Décor 10am Bingo 6:45	20 Chair Exercise 9am Goodwill Holly 10am	21
22 Church 6:00	23 Cookout with Oakland Woods 10:30 Chair Exercise 9am	24 Woodland Walkers 9am Dollar Tree 9:30am Bible Enrichment 10am Bingo 6:45 Taste & travel 1pm	25 Meijer 9:30 Resident - Administrator Meeting Circle 1:30 Choir practice after meeting Chair Yoga 6pm	26 Bus Service 9-3 Bingo 6:45	27 Chair Exercise 9am	28 Prayer 6:00
29 Church 6:00	30 Huron Lady River II Boat Cruise 9:30am Chair Exercise 9am	31 Woodland Walkers 9am CSFP Distribution 9-11 at the Wellness Center Bingo 6:45			Py4	

Presbyterian Villages of Michigan Mission Statement

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

www.pvm.org

Office Phone Number

248-634-0592

Presbyterian

OF MICHIGAN

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THE FOUNDATION

Village Staff

Deanna Coggins Administrator

Kristin Grier Administrative Assistant

Cassie Roberts Activity Coordinator

Mandy Sly Service Coordinator

Derek Elkins *Maintenance Supervisor*

EMERGENCY NUMBER 248-534-8263

Fax Number 248-634-8417

Eugene Blankenship Maintenance Technician

James Powers Maintenance Technician

Tanzy Singleton *Housekeeper*

Dottie Reed Receptionist



EQUAL HOUSING OPPORTUNITY

Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan at **248-281-2040** or visit **www.pvm.org**



A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan

Holly Woodlands Board Members

Kent Barnes	Reísa Hamílton
Paulíne Kenner	Mary Lloyd
Dale Smíth	sally swayne

William Walters

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Village of Holly Woodlands • 3325 Grange Hall Road• Holly Michigan 48442

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