

## **Embrace the possibilities**

3325 GRANGE HALL ROAD HOLLY, MICHIGAN 48442 • WWW.PVM.ORG

**JUNE 2017** 

#### **Featured Articles**

CASSIE'S CORNER PG 2

CALENDAR PG 3

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## VILLAGE ADMINISTRATOR

The final tally is in for our Friends and Family Campaign. You raised a total of

**\$5,072.62.** I was very excited that we met and past our goal of \$4,000. Thank you to all who gave. The funds will be used for our Village and split between Resident Activities and Facility Improvements.

Don't forget that June 23<sup>rd</sup> is the Village Victory Cup. I know the teams have been practicing. If you would like more information about the "games", please contact Cassie Roberts and she can give you all the information.

It is time once again to nominate employees for Shining Star. This is a time that you can tell PVM if there is a staff person that is doing a great job. Last year Cassie was in the top 10 and Derek won the leadership award. You can nominate as many staff as you want you will just need to complete a separate form for each staff member. The forms are located in the office. Please let the Shining Star committee know how much you appreciate the staff here at Holly Woodlands. All nominations must be completed and sent in by August 10, 2017.

I would like to wish all the Father's a very happy Father's Day. However you spend your day, I wish you all the joy the day may bring!

Deanna Coggins
Administrator





A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

#### Look for PVM on:







## Cassie's Corner

- Join us June 7th at 2pm in the Manor Community Room for Paparazzi Jewelry Party. This event is free to attend Jewelry is priced to sell at \$5.00 each.
  - June 1st we will be taking a scenic drive through Seven Lakes State Park
    - Summer kick off Potluck June 26th at Noon
    - A bus trip to Pontiac & Slows BBQ for lunch
      June 5th at 10:30am
- June 27th at 1pm Konnichiwa (a presentation about Japan) given by one of our very own residents.
  - Watch for your Memo Packet for more details on future events

Any Questions or suggestions please call Cassie @ 248-634-0592



Sun	Mon	Tue	Wed	Thu	Fri	Sat
S				I Woodland Walkers 8:30am Scenic drive through Seven Lakes State Park (in Holly) 11am Bingo 6:45	Movie day & pizza Ipm Balance 9am Exercise	3 Prayer 6:00
4  Church 6:00	5 Sight seeing trip to Pontiac & Slows BBQ for lunch 10:30am Balance 9am Exercise	6 Woodland Walkers 8:30am VVC Practice 1pm Bible Study 10am Bingo 6:45	7 Holly Foods 9:30 Chair Yoga 6pm Paparazzi Jewelry Party 2pm	8 Woodland Walkers 8:30am Bus Service 9-3 Bingo 6:45	9 Balance 9am Exercise	10
11 Church 6:00	Wendy's for lunch 11:30am Balance 9am Exercise Celeste Market 1pm Bag Folding 1:30	Woodland Walkers 8:30am VVC Practice 1pm Davison Farmers Market 10am Bingo 6:45	14 Walmart Grand Blanc 9:30 Guardian Angel Blood Pressure & Balance 2pm Manor Chair Yoga 6pm	15 Woodland Walkers 8:30am Lunch Stand \Bake Sale 11am until sold out All American Home & Health intro to Hospice 10am Manor Bingo 6:45	16 Goodwill Holly 10am Balance 9am Exercise	17 Prayer 6:00
Church 6:00  HAPPY Father's Day	19 Dollar Tree & bread bakery 10am Balance 9am Exercise Book marks 1:30pm	20 Woodland Walkers 8:30am VVC Practice 1pm Bible Study 10:00 Bingo 6:45	21 Vgs 9:30 Chair Yoga 6pm Hear USA 1pm Manor First day of Summer	Woodland Walkers 8:30am Bus Service 9-3 Bingo 6:45	Village Victory Cup Balance 9am Exercise	24
25 Church 6:00	26 Summer kick off Potluck Noon Balance 9am Exercise 9:30 Celeste Market 1pm Bag Folding 1:30	Woodland Walkers 8:30am CSFP Distribution 9-12 at the Wellness Center Bingo 6:45 Konnichiwa Presentation 1pm	28  Kroger 9am  Neighbor to  Neighbor 12:30  Guardian Angel  Blood Pressure &  Balance 2pm  Wellness Center	Woodland Walkers 8:30am Garage Sales & Coney 9:30am Wellbridge Meet & Greet 10am Manor	30	



# WELCOME SUMMER

X E C G N B H R C Y J D L M K R E H T 1 M T E R A A E P A R T 1 S v F U G A D H B T 1 J N L R H J W E Y S E I F E R Ι F В L E U K M P B E Y F P U W X R H F S 0 M N т 0 0 Q Ι I M E E S Y R P Z I L D V Ι R х D W G L Y м N A P B v P D \$ H E R H F S \$ Ē G Ι v R H R p S I G U 0 0 I J J J A W K P L Т F P V M 0 D N P Q J R N \$ K N 0 U W W L F X P Y Z A A E S G B L D R P E D E L H F ĵ 0 H X I Q J W E K R L A K G 0 M H N G E 0 В S P C G U S T Q C R X L S U P Z T A U I M R S V U H T D E R T H J K V L 0 H B T S D R G G D C H N R V J T N C Н A R 0 M H R L E E D E A F P 0 P T G S E S T Y U 0 Y L K K C Ι N H X E A W E T Y K S G N A E M 1 E F A H A Q S S T P E S R N 0 N N E G H W 0 E V X В A R A D H T U E D J U L Y R I B J R K E Y M M G H E V A A E S E Т D F F Q W T M E R E T A Y U 1 H S 0 P A R S N D F H J M K L Z C X C V S В N S A G A Q W E R T T I 0 P K A H S D F G C M L U 1 A A N H J K I Z X A v B N N N Q R W L E L U I L C M R T Y E E U V Ι 0 P G S I F H J P J N D G G А Z X N C v В N F D H J T R H R J N K L E S G W C 1 U E S E C W 0 S P U C I H E R K N 0 N G W I H K j W 0 K 0 U T S W E S D I J F D

AUGUST BEACH BIKES CAMPING CARNIVAL COOKOUTS FIREFLIES FIREWORKS FISHING FLIPFLOPS FUN
HULA HOOPS
ICE CREAM
JULY
JUMPROPE
JUNE
MOVIES
PARADES
PARTIES
PICNICS
POOL

POPSICLES
ROLLERCOASTER
SANDALS
SPLASH
SPRINKLER
SNOWCONES
SUNGLASSES
SUNSCREEN
SWIMMING
THEME PARK
VACATION

#### **SERVICES OFFERED**

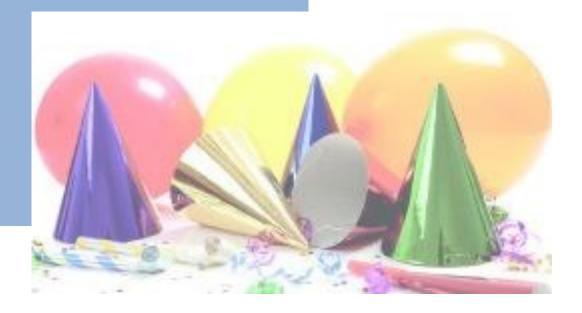
**Community Supplemental Food Program (CSFP)**: Last Tuesday of every month at the Wellness Center 9 am-noon.

Bible Study: First and Third Tuesday's at 10:00 2nd floor lounge of the Manor.

**Beauty Salon**: Third floor of the Manor.

Please call Betsy at 810-877-3747 to schedule an appointment.

# 2017 BIRTHDAY LIST INA HOUSER 6/7 BETTY CALDWELL 6/13 PATTI POLLACK 6/16 DIANNE SANFORD 6/17 LINDA KINNAMON 6/17 WAYLAND STROUD 6/19 MARJORIE WATTERS 6/23 BETTY KNIGHT 6/23 ROSE LINE 6/26



#### From the Desk of Mandy Sly, Service Coordinator

#### Misconceptions about Hospice Care

#### Hospice is where you go when there is nothing more a doctor can do.

Hospice is care designed for patients with a life-limiting illness. Hospice is not where you go to die, rather hospice professionals are trained to assist patients in living their lives fully, completely, and without pain until the end of their lives.

To be eligible for hospice, I have to be in the final stages of dying. Hospice patients and families receive care for an unlimited amount of time, depending upon the course of the illness. There is no fixed limit on the amount of time a patient may continue to receive hospice services.

Hospice is just for the elderly. Hospice is for anyone facing a life-limiting illness, regardless of age.

After the patient's death, hospice care ends. Bereavement services and grief support are available to family members for up to one year after the death of a patient.

Join All American Home Health and Hospice on June 15th for a meet and greet and learn all you need to know about hospice care!

#### **June Presentation Schedule**

June 15th: 10am— All American Home Health and Hospice (Manor)

June 21st: 1pm—Hear USA rescheduled presentation (Manor)

June 29th: 10am—Wellbridge Meet and Greet (Manor)

Guardian Angel will be doing Blood Pressure and Balance Checks on

June 14th at 2pm in the Manor

June 28th at 2pm in the Wellness Center

# Woodland Walkers Walking Club



Woodland Walkers will begin on June 1st. We will meet at the wellness center at 8:30 am.

Woodland Walkers will meet every Tuesday and Thursday at 8:30 am, weather permitting.

If you have any questions, please contact Mandy in the Wellness Center.

This month we have a special guest columnist, Victoria Macioce-Stumpf. Victoria is a student at Oakland University in their Wellness, Health Promotion, & Injury Prevention program who is interning with PVM.

#### June is Alzheimer's & Brain Awareness Month

As a person ages, they may begin to notice gradual changes in their memory, how they process things or even their ability to perform certain tasks. While most changes may be age-related, it is important to determine if there are any signs or symptoms of early Alzheimer's disease. Alzheimer's is a progressive and degenerative brain disease that may begin in middle or old age and is characterized by memory loss, confusion, behavioral changes and more.

According to the national Alzheimer's Association, there are 10 early signs and symptoms of Alzheimer's:

Memory loss that disrupts daily life.

Challenges in planning or solving problems.

Difficulty completing familiar tasks at home, at work or at leisure.

Confusion with time or place.

Trouble understanding visual images and spatial relationships.

New problems with words in speaking or writing.

Misplacing things and losing the ability to retrace steps.

Decreased or poor judgment.

Withdrawal from work or social activities.

Changes in mood and personality.

If you or a loved one has any of the signs and symptoms of Alzheimer's, please schedule an appointment with a physician for diagnosis, information and support. Treatments are changing all of the time, thanks to research and scientific breakthroughs. Early detection will lead to treatments that may help slow the progression of the disease, as well as provide relief of the symptoms.

To learn more about the signs and symptoms of Alzheimer's disease compared to typical agerelated changes, read the <u>Alzheimer's Association 10 Warning Signs Checklist</u> and check out the information and activities from their <u>Alzheimer's & Brain Awareness Month</u> page.



## **BEAUTY SHOP ANNOUNCEMENT**

BETSEY WILL NOT BE HERE IN THE MONTH OF JULY

SO PLEASE BE SURE TO CALL AND MAKE AN

APPOINTMENT WITH HER FOR JUNE.

\$10-\$77-3747



ITS THAT TIME OF YEAR AGAIN
TO NOMINATE YOU'RE STAFF FOR THE
SHINING STAR AWARD
PLEASE PICK UP EXTRA NOMINATION FORMS
IN THE OFFICE.
FORMS ARE DUE BY AUGUST 10TH

# Mothers Day Luncheon 2017



#### Presbyterian Villages of Michigan Mission Statement

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

www.pvm.org

Office Phone Number 248-634-0592



### **Village Staff**

Deanna Coggins

Administrator

Kristin Shannon Administrative Assistant

Cassie Roberts
Activity Coordinator

**Mandy Sly Service Coordinator** 

**Derek Elkins** *Maintenance Supervisor* 

**EMERGENCY NUMBER 248-534-8263** 

Fax Number 248-634-8417

**Eugene Blankenship** *Maintenance Technician* 

**James Powers** *Maintenance Technician* 

Tanzy Singleton Housekeeper

Mitzi Uebel & Linda Wilkin Receptionist





**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan at **248-281-2040** or visit **www.pvm.org** 



A Mission of Presbyterian Villages of Michigan

Holly Woodlands Board Members

Kesha Akridge Kent Barnes

Sharlyn Gates Reisa Hamilton

Pauline Kenner Mary Lloyd

Dale Smith Sally Swayne

William Walters

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