



Village News



Embrace the possibilities

420 S. Opdyke Rd · Pontiac, MI 48341 · www.pvm.org

APRIL 2023

Featured Articles

Administrator Notes	P. 1
Office News	P. 2
Sales-Leasing News	P. 3
Maintenance News	P. 4
Service News	P. 5
Wellness News	P. 6
Resident Council	P. 7
Sunrise & Sunset	P. 8
Monthly Calendar	P. 11

Hello Residents – April showers bring May flowers.

April is also the month of our annual Friends and Family fundraising campaign hosted by the PVM Foundation. We need your help. Please consider sharing information about the Village of Oakland Woods with your friends, family, or other affiliations who have a passion for contributing to the seniors in our community. The campaign will run from April 1-30, 2023. This year, all of the donor dollars that are raised will be put toward a solution for transportation struggles in our community. Flyers about Friends and Family will be posted at our community center, and available for you to share. We will be displaying our goal, the progress thermometer, and donor “Thank You” board in the dining room. You will also see some fun events in the month of April, with an invitation extended to those close to you. See Jessica’s page for more information.

I would like to extend a thank you to those who took the time to complete the survey on our Oakland Woods bus. After compiling our results, we have decided that it is time to cash in or sell our bus (which is now fully depreciated with several maintenance issues), and putting those dollars to our Friends and Family goal, which will help in our solution for transportation in the community.

I would also like to extend another thank you to the residents for your continued patience with the VOW staff in our response to work orders. If you can all please join me in applauding Matthew who is responsible for all work orders, unit turns, and emergency maintenance for the entire campus. He has worked hard at handling all deficiencies and resident maintenance concerns to the best of his ability with limited time available. Please also include Randall who takes lead on the grounds keeping for our 80 acre complex. Both have been working short staffed in our maintenance department for an extended period of time now. We are still looking into expanding our maintenance department and having support to resolve campus deficiencies at a reduced rate of time. This includes our lighting. We are aware of the lighting issues and are working with the proper electricians and energy companies to restore lighting in areas 4, 5 and the Kirkman street lights. Again, thank you for your patience.

A final thank you for the month to the residents who have used our resident concern policy. My job as an administrator is to ensure the highest level of satisfaction for all of our residents to the best of my ability, and in that I could use some support from our residents on the community. If you do have a concern/complaint, I want to hear from you! What helps me, is when residents take time to fill out the resident complaint policy form. This gives me a starting point to help in solving your issue, it gives me time to evaluate the best possible outcome, and also helps me keep a list of checks and balances to accomplish with having a high volume of day to day operations. Residents taking the time to fill this information out, helps me keep a list of to do items and therefore prevents anything from “falling through the cracks”. The VOW staff is also available to help you in completing the form should you need it. Once a form is received I then have 24 hours to begin working toward the best possible solution. Should you have any questions on this, I can be reached at 248-334-4379 or by email at jhayes@pvm.org.



The Village of
**Oakland
Woods**

A SENIOR LIVING COMMUNITY
A Mission of Presbyterian Villages of Michigan

Look for PVM on:



Office News

Sharon Benton & Stephanie Daniel

Administrative/Receptionist

SPRING IS FINALLY HERE!!

The first day of spring is called the vernal equinox. The term *vernal* is Latin for “spring” and *equinox* is Latin for “equal night.”

- According to a Facebook study, couples are most likely to break up in the spring and two weeks before Christmas. The lowest breakup time was Christmas Day and from August through October.
- The fall and spring equinoxes are the only two times during the year when the sun rises due east and sets due west.
- Spring babies are at a greater risk for health ills
- While springtime brings flowers and warmer weather, it may be the worst time for human babies to be born. A large-scale study found that babies born in the spring are more likely to develop schizophrenia, bipolar disorder, major depression, and anorexia.
- On the first day of spring, a person at the North Pole would see the sun skimming across the horizon, beginning six months of uninterrupted daylight. A person at the South Pole would see the sun skimming across the horizon, signaling the start of six months of darkness.
- Spring almost always arrives on March 20 or 21, but sometimes on the 19th. The reason the equinoxes and solstices don't always come on the same day is that Earth doesn't circle the sun in exactly 365 days.
- The first day of spring in the Southern Hemisphere is the first day of fall in the Northern Hemisphere.
- The first spring flowers are typically lilacs, irises, lilies, tulips, daffodils, and dandelions.
- Holidays that occur in spring include Easter, Passover, April Fool's Day, Earth Day, Arbor Day, Mother's Day, Father's Day, Cinco De Mayo, and Holi (festival of colors in India).



Do you remember the song, Tulips are blooming in Holland Michigan, asking your neighbor if we could pick some of her tulips to give to our mom for Mother's Day

Sales and Leasing News

*Katie Harris
Sales & Leasing*

Leasing is working hard to fill all of our vacant units

Spring

The air is crisp, the skies are blue

everything is coming back to life

The trees are greener, the flowers are growing

and the feeling is just divine

Here, amidst the colors of the season

It's as if you're dreaming

The landscapes are painted by Spring

The wind feels like a caress

and so I must profess

*This is nature's beautiful
offering*

If April showers bring May flowers, what do May flowers bring? **Pilgrims**



Maintenance News

Matthew Myers
Maintenance Lead

Dear Cottage Residents,

As we transition to warmer weather and spending time outside it's important that you don't lock yourself out. Please consider unlocking your door handles and only using the deadbolt as your lock. It's the more secure lock, and you won't accidentally forget that your handle can be turned from inside even though it's locked, but once you pull that door behind you you'll be stuck outside till we can come let you in.

Dear Apartment Residents,

As our parking lots fill with younger residents that have vehicles it's important that you and your guests remain respectful of your fellow residents and emergency personnel. If you or your guests need to park in a place that is not a spot, please move your vehicle within 5 minutes. Do not allow your guests to park inappropriately in handicap spots, along the street, or in any other place that is not a spot for a visit. This should be quick, temporary, and you should have that vehicle moved as soon as possible. Emergency personnel are counting on every second to get to someone that needs them, do not be whom delayed life-saving treatment because your family would have had to walk across the parking lot.

To All Residents,

Below is an example of a lock box you or your family can purchase. This can work when you need help in a non-emergency situation, when you're away and your family wishes to check on your unit, and can negate the complications coming from situations where emergency personnel are unable to get into your apartment in a timely manner. Additional keys can be made for your lockbox at \$5 a piece. This box is designed for lever handles, and while I have no personal experience with this key box, the reviews and dimensions seem to be a great fit for what we have here.

Adjustable & Removable buckle

KeeKit Key Lock Box, Upgraded Key Safe Box with Removable Buckle, Resettable Code Key Storage Lock Box Waterproof with 4 Digit Combination, 5 Key Capacity for Home, Warehouse, Indoor & Outdoor

Visit the KeeKit Store
★★★★☆ - 287 ratings

\$16.99

FREE Returns

Save more Apply 10% coupon Terms

Save up to 8% with business pricing. Sign up for free Amazon Business account

Color: **Silver-upgraded**

\$13.99	\$12.99	\$13.99	\$14.99	\$16.99

Brand: KeeKit
Color: Silver-upgraded
Material: Zinc Alloy, Alloy Steel, Metal
Number of Doors: 1
Number of Drawers: 5

Service News

Sue Carney & Terri Price
Service Coordinators

Greetings from your Service Coordinators: Sue Carney and Terri Price



April, the month we may recall as “April showers bring May flowers”. However, we live in Michigan and could possibly have a showing of snow in April. No matter the weather; it is a new month blooming with fresh beginnings and events for us.

Please note the important event dates listed below and sign-up in the activities book:

Sunday, April 9, 2023 Have a blessed Resurrection / Easter Sunday

Monday, April 10, 2023 our Wellness Clinic will feature a representative from Guardian Angel Home Care, Priscilla Bigford, who will provide us with information on blood pressure management in a unique, interactive way. Join us for a fun time of learning and receiving resources for you to live healthy and well!

Monday, April 24, 2023 at 11:30 a.m. Sandra Kowaleski, Founder and CEO of 20/20 Vision will share practical tips on eyewear fitting, safety and eye health

Tuesday, April 25, 2023 at 11:00 a.m. Lakeshore Legal representative, Natalie Cherry will be here to discuss Probate & Estate Planning.

Friday, April 28, 2023 at 1:00 p.m. Mike McGuiness, Pontiac City Councilman will be here for a meet & greet session with residents

FYI (for your information) A few April observances to keep in mind:

-April – Stress Awareness Month <https://www.stress.org/april-is-stress-awareness-month>

**-APRIL 1-30, 2023 Alcohol Awareness Month Council on Substance Abuse – NCADD 334.262.1629
info@cosancadd.org <https://cosancadd.org/>**

**-APRIL 1-30, 2023 Autism Acceptance Month (National) Autism Society
800.328.8476 <https://www.autism-society.org/>**

<https://www.autism-society.org/get-involved/national-autism-awareness-month/>

**-APRIL 1-30, 2023 Donate Life Month (National) Donate Life America
804.377.3580 <https://www.donatelife.net/ndlm/>**

**-APRIL 1-30, 2023 Humor Month (National) National Today
<https://nationaltoday.com/national-humor-month/>**

**-APRIL 1-30, 2023 Minority Health Month (National) Office of Minority Health
800.444.6472 <https://www.minorityhealth.hhs.gov/>**

**-APRIL 1-30, 2023 Women’s Eye Health and Safety Month Prevent Blindness
800.331.2020 info@preventblindness.org <https://www.preventblindness.org/see-jane-see>**

***Note: New phone number and hours to reach DHS / 844-464-3447 9:00 a.m. – 3:00 p.m.**



Wellness News

Jessica Roberts
Wellness Coordinator

Springtime is here! And with brighter and warmer weather, we encourage you to join us at the Community Center for the many exciting events happening this month at Oakland Woods!

We kick off April with some fun events including our **“Family Feud Fun” event on Wednesday April 5th**. Join our friend Lerone for some friendly competition and treats **starting at 1pm!**

We will also be kicking off the annual Friends and Family donation campaign on **Thursday April 6th** at our **Tigers’ Opening Day Event!** Our friends at Comcast will be sponsoring our ball game food while we enjoy watching the game; you will also have the chance to win prizes! We will hear from Yolanda, our Friends and Family rep, who will tell us more about how to get involved in supporting our Village. The fun **starts at 12pm!** Be sure to sign up in the Activities Book to participate!

This **Good Friday, April 7th**, we will have Ms. Irene Patterson bring us a message, and we will enjoy some special music from the Village Chorus, Eugene Mann, and more! Light refreshments will be served. **Join us at 12pm** for this special Easter event.

Our **Care + Connect gathering** this month will feature our friend, Anita Norwood, who will help us learn how to do some “self spring cleaning”. She will discuss the benefits of herbal tea and aromatherapy to cleanse our body and mind. Sign up for this event and **join us on Wednesday April 12th at 2pm.**

Grocery trips will resume this month on Thursday April 13th and 20th. These trips will utilize our van to take 4 residents to Walmart either on the 13th or the 20th; **residents MUST sign up no later than the Wednesday before the trip** to participate and **MUST limit purchases to 4 bags each. Each resident may only participate in ONE grocery trip per month** due to the limited seating in the van. Please contact Jessica in the Wellness office for more information.

We will be celebrating **Birthdays & Bingo** in April by **“Cooking Up a Celebration”** with Hillary! This will be a fun, light-hearted event where we will prepare simple, delicious treats together while we enjoy some wine and a good time prior to Bingo at 3pm. **Sign up for this event taking place on Friday April 14th at 1pm!**

To continue the fun and engagement with our neighbors at Oakland Woods, this month we are hosting the **first Village Spirit Week from Monday April 17th through Thursday April 20th!** Residents are invited to come to the Community Center between **11am and 1pm Mon-Thurs** dressed according to theme to partake in special treats, spin our Spirit Wheel for prizes, and enter for a chance to win gift cards. Themes will be noted on the calendar and flyers will be made available. There will be giveaways, treats, and fun each day leading up to another new event: the Friends and Family Fair!

Friday April 21st from 5 to 7pm will be our **Friends and Family Fair** where we will be hosting residents and their friends and family for a time of carnival games, prizes, pizza and popcorn, and a magician to celebrate our community! **Tickets for non-residents are \$5 per person and will be available for purchase during Spirit Week;** this is a great opportunity for friends and family to support our village! Adults and children are welcome to attend this event. Please see Jessica for more information and to purchase tickets April 17-20th!

With many opportunities for improving health and wellness and having some fun, we hope our residents can feel more engaged and excited about participating in activities at Oakland Woods!

I am also available to meet with residents and help navigate your personal health and wellness journey alongside you. Feel free to give me a call or drop by my office to begin spring with a fresh start!



Resident Council News

Becky Bolden

Resident Council Vice President

Resident Council Board

Becky Bolden, Vice President

(248) 766-3684

Vernice Harper, Secretary

(248) 622-4470

Joyce Parlor, Treasurer

(248) 210-5678

Well it's about time.....Spring is in the air and I feel it in my bones.

It's a time for birth and renewal...A time for change. The cycle of life depends on this.

Our Resident Council is to be a part of this metamorphosis; and with Gods Grace and Mercy our new Resident Council Officers will take the helm and continue to support our community with love and commitment to help our neighborhood.

At this point we have the names of four nominees, one for each office position. None of the names submitted have been challenged. Any serious contender for each open office may make their intentions known before our next general residents council meeting held in April. You may contact our elections committee to add your name or that of one you wish to nominate.

Please contact:

- Alma Shelton @ 470-992-4294
- Beth Ann Ross @ 313-682-7771
- Gertie Rankin @ 248-221-5969
- Larry Milz @ 810-358-8928

I encourage all to participate in this election and let your voice be heard.

NOTE: At this point the four names that has been submitted and challenged.

Presidential Candidate: Chris Milz

Vice Presidential Candidate: Falicia Hollis

Treasure: Shirley McBride

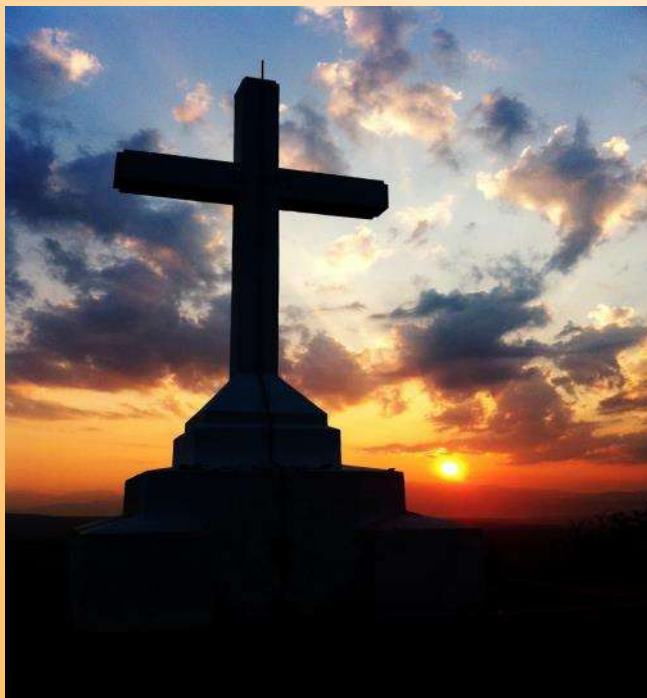
Secretary: Janet DeVold



Birthday Celebration!

The Birthday Party will be held on Friday, April 14th . Join us in the Community Room at 1:00pm for refreshments, bingo and prizes!

Wanda Jones 4/3
Carol Ross 4/3
Shige Taylor 4/4
Judy Morton 4/5
Rosemary Williams 4/8
Edna Martin 4/21
James Murray 4/23
Herbert Edridge 4/23
Irene Patterson 4/27
Deneen Willis 4/28



In Memory of

Betty Ridley

SUN**MON****TUE****WED****THUR****FRI****SAT****30****1**

**Large Calendars are Available
at the Activities Table**

2

10:30 Mindful
Movement
Fitness Class -
MOBILITY

4

10:00 God's Word
and Prayer
11:00 Ladies' Coffee
Hour

5

10:30 Mindful
Movement
Fitness Class -
STABILITY
11:30 Village Chorus
1:00 Family Feud Fun!

6

10:00 Gentlemen's
Coffee Hour
12:00 Tigers' Opening
Day Event &
Friends and Family
Kickoff

7

Good Friday
10:30 Mindful
Movement Fitness
Class - STRENGTH
11:30 Mindfulness
Training
12:00 Good Friday
Service

8**9**

10:30 Mindful
Movement
Fitness Class -
MOBILITY
1:00 Wellness Clinic -
Blood Pressure
Management with
Guardian Angel
Home Care

11

10:00 God's Word
and Prayer
11:00 Gentlemen's
Coffee Hour

12

10:30 Mindful
Movement
Fitness Class -
STABILITY
11:30 Village Chorus
2:00 Care + Connect
(Board Room)

13

OFFICE CLOSED AT 12PM
10:00 Ladies'
Coffee Hour
1:00 Grocery Trip -
Walmart

14

10:30 Mindful
Movement
Fitness Class -
STRENGTH
11:30 Mindfulness Training
1:00 BIRTHDAYS AND
BINGO! - "Cooking
Up a Celebration"

15**16**

10:30 Mindful
Movement
Fitness Class -
MOBILITY
11:00 SPIRIT WEEK - Team
Spirit Day!

18

Tax Day
10:00 God's Word
and Prayer
11:00 SPIRIT WEEK -
Decade Day!
2:00 Resident Council
Meeting

19

10:30 Mindful
Movement
Fitness Class -
STABILITY
11:30 Village Chorus
11:00 SPIRIT WEEK -
Pajama Day!

20

Focus Hope
11:00 SPIRIT WEEK -
Beach Day!
1:00 Grocery Trip -
Walmart

21

10:30 Mindful
Movement
Fitness Class -
STRENGTH
11:30 Mindfulness
Training
5:00 FRIENDS AND
FAMILY FAIR!

22

Earth Day

23

10:30 Mindful
Movement
Fitness Class -
MOBILITY
11:30 Be Well
Presentation Series
- Eye Health

25

10:00 God's Word
and Prayer
11:00 Gentlemen's
Coffee Hour
11:00 Lakeshore Legal
Services

26

10:30 Mindful
Movement
Fitness Class -
STABILITY
11:30 Village Chorus
12:00 Call to Prayer
(Board Room)
1:00 Kroger Online
Grocery Service

27

OFFICE CLOSED AT 12PM
10:00 Ladies'
Coffee Hour
10:00 Neighbors Coffee
Hour

28

10:30 Mindful
Movement
Fitness Class -
STRENGTH
1:00 Meet and Greet
with Pontiac
Councilman

29

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Number

(248) 334-4379

Village Staff

Jon Hayes

Housing Administrator

Sharon Benton

Administrative Assistant

Stephanie Daniel

Administrative Receptionist

Katie Harris

Sales and Leasing Specialist

Sue Carney

Service Coordinator

Jessica Roberts

Wellness Coordinator

Matthew Myers

Maintenance Lead

Randall Shannon

Grounds Keeper

EMERGENCY MAINTENANCE

(248) 330-0213

On-Site Security

(313) 742-0285



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org

Embrace the possibilities

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Oakland Woods**
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A Mission of Presbyterian Villages of Michigan
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Pontiac, MI 48341-3145

