



Village Voice



Embrace the possibilities

2950 E. Twelve Mile Rd. • Warren, Michigan 48092 •

April 2019

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Dear Residents,

Last week I went to the Urban League’s *Salute to Distinguished Warriors*. Three of the *Distinguished Warriors* were Vernice Davis Anthony, a former health officer for Wayne County and State of Michigan, Glenda Price, President Emerita of Marygrove College, Rabbi Daniel Syme, Rabbi Emeritus of Temple Beth El. Honored for their achievements, it was uplifting to hear about them and their contributions.

Earlier in the week, a friend said with great weariness that she doesn’t trust anyone any more – that the world has gotten so bad. I didn’t know what to say because I have trouble reconciling that some people contribute to the community while others drag down our families and neighborhoods. I wonder why the world is that way and think that it shouldn’t be.

On the weekend I read an article by Ronnie McBrayer. He wrote about Reinhold Niebuhr’s Serenity Prayer, especially the second paragraph that reads: “Living one day at a time, enjoying one moment at a time, accepting hardship as a pathway to peace; taking, as Jesus did, this sinful world as it is, not as I would have it.”

Then McBrayer expanded on that idea: “We confess that life will never be exactly as we wish it would, and thus, choose to do all the good we can do, where we can do it, for as long as we can do it. For such serenity, courage and wisdom, indeed O Lord, hear our prayer.”

Happy Easter to one and all!

Anne Lilla, Administrator

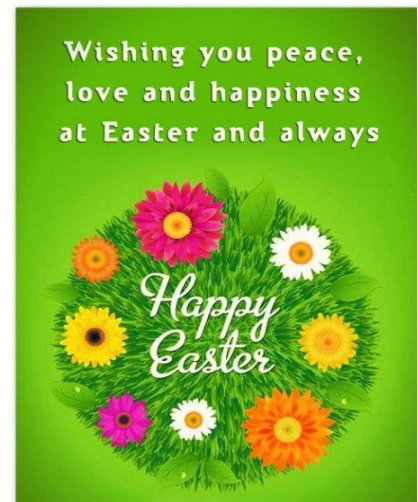


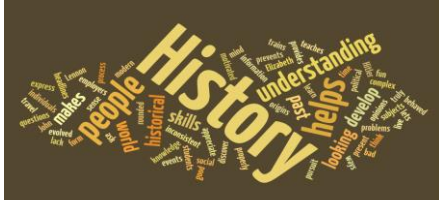
The Village of
Warren Glenn

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:





ON THIS DAY IN HISTORY

- April 2, 1513** Spanish explorer Ponce De Leon discovered Florida and claimed it for the Spanish Crown.
- April 3, 1995** Supreme Court Justice Sandra Day O'Connor became the first woman to preside over the Court.
- April 4, 1968** Civil Rights leader Rev. Dr. Martin Luther King was shot and killed by a sniper in Memphis, Tennessee.
- April 6, 1896** After 1,500 years, the first Olympics of the modern era was held in Athens, Greece.
- April 9, 1865** After over 500,000 deaths, the Civil War ended.
- April 12, 1961** Russian cosmonaut Yuri Gagarin became the first person in space.
- April 14, 1828** The first dictionary of American-style English was published by Noah Webster.
- April 15, 1912** The luxury liner *Titanic* struck an iceberg and sunk. Over 1,500 people drowned.
- April 18, 1906** The San Francisco earthquake struck. 10,000 acres of property were destroyed and 4,000 lives lost.
- April 19, 1993** The Branch Davidian compound in Waco, Texas burned to the ground after a 51-day standoff. Eighty-two died.
- April 22, 1889** The Oklahoma land rush began with a single gunshot signaling the start of a mad dash by thousands of settlers.
- April 26, 1986** At the Chernobyl nuclear power plant in Ukraine, an explosion caused a meltdown of nuclear fuel and spread a radioactive cloud into the atmosphere.
- April 30, 1789** George Washington became the first U.S. President.

MEET YOUR NEW NEIGHBOR

Our newest resident is Charles “Chuck” Cowan in apartment 230. He shares his home with two parakeets. A Navy veteran, Chuck was born and raised in Michigan and is a Michigan boy through and through.

Having had a career in auto body repair, he retired about five years ago. Among other things, Chuck likes to volunteer. He volunteers for Forgotten Harvest with his church, Liberty Church in Warren and used to shovel snow at his former apartment. He enjoys watching sports and makes good chili. Chuck is easy-going, good-natured and a jokester.

Welcome Chuck, to your new home.





Sharing Faith at Any Age

Marijo Hockley, Inclusion Minister, 1st Presbyterian Church of Warren

All Thursdays through April 18, **Lenten Bible Study**, 1:00 p.m., WG Community Room. The topic is *Every Day Jesus*.

April 7, **Communion**, 1:00 p.m., WG Community Room

April 7, **Movie and Lunch**, 2:30 p.m., WG Wellness Room. Bring a side, movie snacks or a dessert to share. Chicken from Wing Stop provided. The movie is *Saving Mr. Banks*.

April 12, **Cousino High School Student and Warren Glenn Resident Trip** to the Reptarium in Utica for a tour of reptiles in naturalistic enclosures. Then on to lunch at Mexican Village. Bus leaves at 9:30 a.m. Cost: Your lunch.

April 19, **Good Friday Stations of the Cross**, WG Community Room. Service at 2:30 p.m. Personal reflection until 4:30 p.m.

April 21, **Easter Communion and Worship Service**, 1:00 p.m., WG Community Room.

INTERFAITH SPEAKER VISITS WARREN GLENN

William Antoun from the Islamic Organizations of North America (IONA) came to Warren Glenn at the request of Marijo Hockley, Inclusion Minister, at First Presbyterian Church of Warren, to speak to residents about the Muslim religion. Residents Pearlle Asheford, Sylvia Guillemette, Sonia Awad, Bev Hooks, Dann Federico, Liz Barringer, and Allan Thompson attended.

Islam means peace or surrender and refers to submission to the Will of God. Allah means God in Arabic and refers to the same God that Christians and Jews worship. Muhammad is the Prophet of Islam – he is not God and not worshiped, but is considered the final prophet that began with Abraham (the father of monotheism) and includes Ishmael, Isaac, Jacob, David, Solomon, Moses and Jesus. The cornerstone of Islam is the belief in the one universal God for all humanity, belief in Angels, faith in the Books of God including the books of Abraham, the Torah of Moses, the Psalms of David and the Gospel of Jesus Christ, faith in the Prophets as messengers of God and belief in life after death.

Mr. Antoun had a brochure that compared the mercy of the Prophet Muhammad with the terror of ISIS. He stated that ISIS is political, not religious, and does not represent Islam or Muslims. He said that Sharia cannot be imposed on non-Muslims and it is not a law: it is the “way of the prophet” and relates to personal religious life, ethics, morality and human relationships.

After this simulating conversation, he left brochures and Qurans that are available in the office for anyone who wants one.

Easter Word Search



V U D Q N B S N A E B Y L L E J Z N
 W R O W P F L J H W A H X E U G E K
 F B U N N Y A D E Z M C D T R P P C
 L C Q K K B M A K F A F R A A M V B
 C M K R O O B A F X L F Y L B R T C
 H F F C M N S I R I H N T O B Y O D
 I S I H C N E R F B V W J C I U I Y
 C D D G Y E I E O U A J G O T E R E
 K X Y M E T P S N M E P S H G T I X
 S T T H S S Y E G G S K H C W Y R E
 L E J G G B W H T N I C A Y H K T C
 I K V D N G M C J U G U U K N S Z Z
 D S Y M I E V X S A O E G N I R P S
 O A H I L W F B T O B T J D G B E D
 F B W X K E R X C D N I Q K M L Z X
 F N B I C E A S T E R E G G Y F C L
 A G B F U W Z N D Q S I Z Q N O Q A
 D R Q Z D I I A O F F U N X G J I G

BUNNY
 DUCKLINGS
 BONNET
 BASKET
 CHICKS



DAFFODILS
 EASTEREgg
 HYACINTH
 SPRING
 EGGS



LAMBS
 IRIS
 JELLYBEANS
 RABBIT
 CHOCOLATE



From the Service Coordinator

Denise Giallombardo, BSW, National Church Residencies

EDUCATIONAL AND WELLNESS PRESENTATIONS: IDEAS WANTED

HUD requires that I, as the Service Coordinator at the Village of Warren Glenn, schedule at least one educational or wellness event every month. These events are publicized in the newsletter (both in my column and as a listing in the calendar), on the Service Coordinator's Bulletin Board next to the Community Room across from the restrooms, and through flyers passed out to each resident's apartment.

So far in 2019: Speakers from Reverence Hospice answered people's questions about what hospice is and how it is paid for and then deeper questions about death and dying. Max Smith from the Hannan House explored how to overcome loneliness and isolation. Gerontologist Marcia Relyea spoke about *Seniors Staying Sharp* in a four-part series.

We have had speakers from Michigan State University Extension talk about mindfulness, good nutrition, the challenges of chronic illness and growing plants. We have had Lakeshore Legal Aid and the Michigan Attorney General's office speak about durable medical powers of attorney and scams against seniors.

For the rest of the year, I would like to open it up and ask YOU, the residents, for suggestions about presentations: *What would you like to learn about? What do you want to know more about? What day and time is best?* You live here and your opinion matters. I really value your ideas. Please keep in mind that I cannot schedule entertainment or off-site activities. I provide educational or wellness activities.

You can answer the short survey next to this article or write a suggestion down and put it under my office door. You can use your name or submit it anonymously. And you can stop in my office and talk to me! I would like to hear what you have to say.

Speaking of *What Can A Service Coordinator Do For You?*, I have an informative brochure that tells you exactly that! It is on my front door or you can ask me for a copy.

Service Coordinator Ideas Survey Clip and Give to Denise

Circle ALL that apply:

I would like to learn more about the following health conditions:

1. Cancer
2. Eye problems
3. Dementia
4. Foot problems
5. Bowel problems
6. Stroke

I would like to learn more about resources to pay for:

1. Dental work or false teeth
2. Glasses
3. Hearing aids

I would like a demonstration about how to use:

1. Uber – A car service
2. Shipt – A grocery shopping service

The best time for programs is: _____

The best day for programs is: _____

I am also interested in these topics:

Name and Apt.# (optional):

Clip and Give to Denise



This is the final article in a series of articles I have been writing about living life without. Last month I wrote about what you need to have in place to use the online grocery shopping and delivery service Shipt. This month I am writing about how it works.

After you download the app and create an account, you're ready to begin shopping. While setting up your account, the app will find participating stores closest to your location and prompt you to choose one. You have two options: Meijer and Target. You can switch between the two each time you shop.

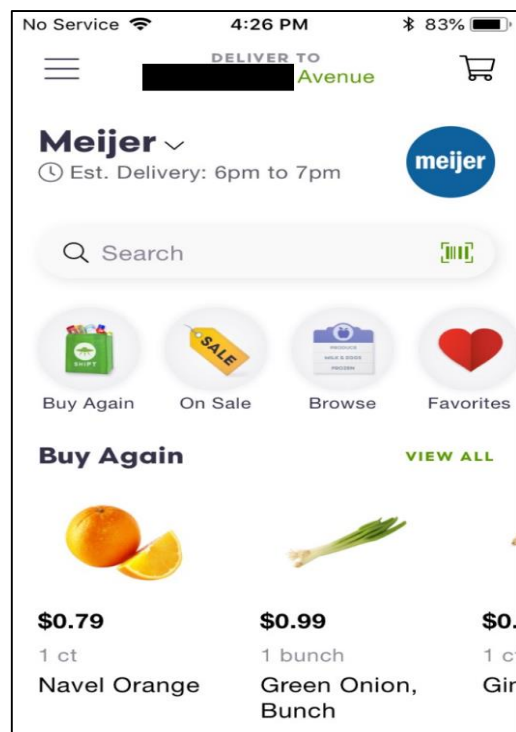
Using the app is pretty straightforward. When you open it, the delivery address you specified and the store you selected will be displayed along with the next available delivery time. Don't worry if that's not the time you want. You will select your actual delivery time later in the process.

Also displayed will be a search bar and a series of categories (Buy Again, On Sale, Browse, Favorites, etc.). You can use either to select the groceries you want.

The first time I used Shipt, I used the search bar. I typed in the item I wanted and all the products containing that name were displayed along with their pictures and prices. I picked the specific item I wanted and added it to my shopping cart by tapping the plus sign located to the bottom right of its picture. If you tap the picture, you will see more detailed information about the item and be able to more of that item to your cart.

As you use Shipt it keeps track of the items you buy and compiles a list of those items in the Browse Again category. Since I'm a creature of habit and tend to buy the same things over and over again, the next time I used Shipt I shopped using that category. After tapping the icon, all the items I purchased in the past were displayed. I then tapped all the items I wanted to buy, which added them to my shopping cart.

(Continued on page 7)



DO YOU REMEMBER?

- Town Club Soda
- Mood Rings
- Blackjack chewing gum
- Wax coke-shaped candy with colored sugar water
- Candy cigarettes
- Coffee shops or diners with tableside juke boxes
- Party lines
- Newsreels before the movie



The "Supper Club" is a group of residents (and everyone is invited!) who go out to dinner each month. Transportation on the Warren Glenn bus is provided or you can drive yourself. This month's trip is to on April 18 to Seros Restaurant. Sign-up in the mailroom. Please come!

How to Use Shipt (Continued from page 6)

Once you fill your cart with all the items you want, it's time to check out. Confirm your cart contains the items you want by tapping the cart icon in the upper right hand corner of your screen. If it does, tap the green Checkout bar which is located at the bottom of your screen. Doing so will display a list of available delivery times. Selecting the time you want will display the delivery address, the delivery time you selected, how you prefer to be notified regarding substitutions, your payment method and the total cost of your order.

If everything looks good, tap the green Place Order button at the bottom of your screen. If not, you can make changes by tapping the Edit button next to what you want to change. Tapping the Place Order button will place your order and also display an order confirmation. In addition, a confirmation email will be sent to the email address you associated with your account when you set it up.

A few minutes after you place your order a Shipt shopper will claim it. The shopper's picture along with their first name will appear in the app on the confirmation page along with their first name. When they begin shopping they will send you a text and ask you if you want to add anything to your order. While they shop, if you indicated you wanted them to contact you regarding substitutions they will send you a text if something you ordered is not available and will suggest a substitution, which you can accept or deny. Once they finish shopping they will notify you that they are checking out and once they check out, they will notify you that they are on their way to the delivery address you specified.

When they arrive, if you need help putting your groceries away they will assist you. If not, they will place them wherever you want. I have always had a positive experience. My shoppers have been very helpful and very friendly. I have received all the groceries I ordered (unless unavailable at the store) and the cold items were cold, the frozen items were frozen, and the fresh items fresh.

After your shopper drops off your groceries, you will have the opportunity to rate them and give them a tip through the app. Both are very important tasks to complete. Rating them lets Shipt know how well they did their job. Tipping them is a way of thanking them for a job well done. Additionally, Shipt shoppers can see your tip history, which can influence whether they claim your order. A Shipt shopper whom I know told me that better tippers tend to attract the better shoppers.

For me, using Shipt has been pretty easy. Like with anything, I have found that the more I use it the better I get at it. The groceries themselves are a little more expensive (that's how Shipt makes their money) and the tip does add to the cost, however, you can't beat the convenience. the next time you find yourself without a car and in need of groceries, rather than take the bus or bum a ride from a friend you just might want to give Shipt a try.



APRIL PARTIES



It's Time to Enjoy Spring!

**Join us for an Indoor Picnic
Brought to you by
Mickey Jennings**

SATURDAY, APRIL 13 at 3:00 PM

**Fried Chicken, Potato Salad and other picnic food
including dessert!
FREE!**

Friends and Family Kick-off Party

*Every year, residents and staff get together to
raise money for Warren Glenn.*

Join us at the Kick-off Party.

**April 10
4:00 p.m. – 5:00 p.m.**

\$5.00 plus 50/50 Community Room Food & Beverages



APRIL BIRTHDAYS

- 5 Christine Bashawaty #231
- 5 Donna Smith #122
- 17 Diane Sexton #111
- 21 Penny McKeller #236
- 24 Irene Alex #232
- 27 Elizabeth Johnson #115

APRIL HOLIDAYS

- 1 April Fools
- 3 Find a Rainbow Day
- 6 Charlie the Tuna Day
- 7 National Beer Day
- 10 Safety Pin Day
- 12 Walk on the Wild Side Day
- 14 Palm Sunday
- 15 Boston Marathon
- 15 Income Tax Due
- 16 Save the Elephant Day
- 19 Good Friday & Passover
- 21 Easter
- 22 Mother Earth Day

APRIL BIRTHDAY PARTY

Thursday, April 11, 3:00 p.m.
Community Room

**CAKE, ICE CREAM & POP
FOR EVERYONE**

Sweet treats for your birthday



**April Gemstone: Diamond
April Flower: Daisy or sweet pea**



The Senior Advocate.

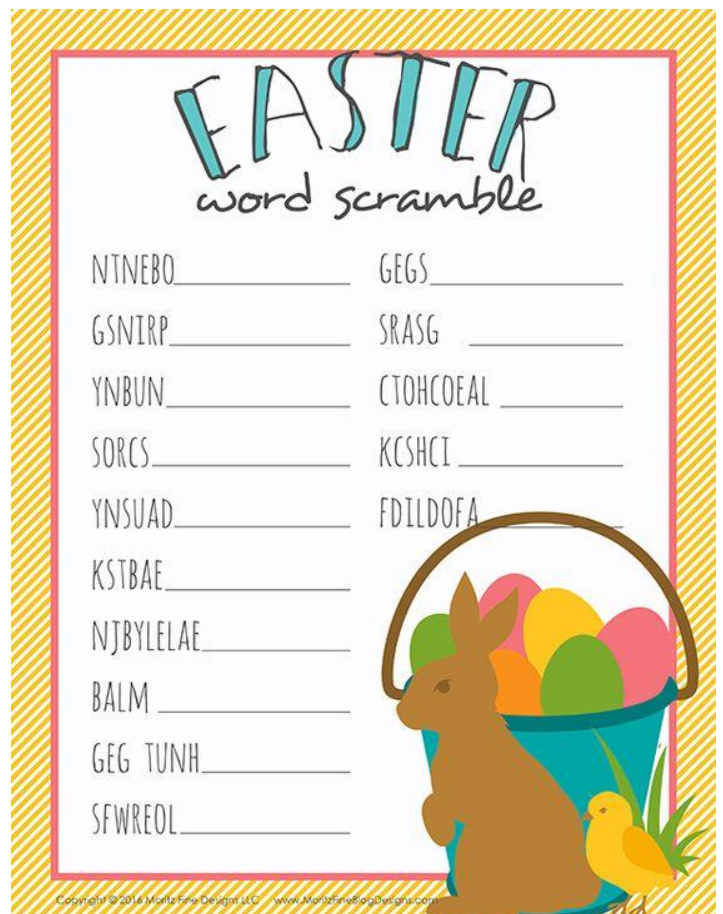
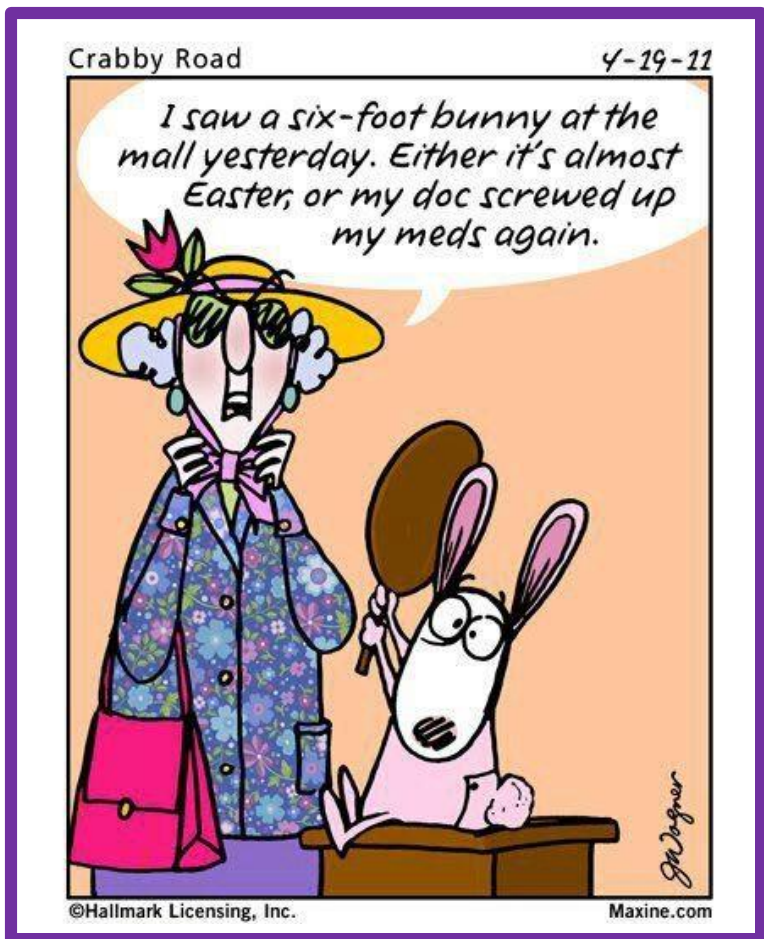
By Lynn Alexander,
Senior VP & Chief Marketing Officer

The Magic of Friendship

A recent special edition of Time Magazine is titled Friendship: "The Bonds That Shape Us at Every Age". This publication further supports the notion that friendship and connecting with others is the bond that makes life sweeter no matter what stage we are in. There is documented evidence that children fair better in school if they have developed strong friendships. Often these friendships last for a lifetime.

Whether it happens at the barber or beauty shop, a religious setting, a yoga class or being with neighbors and friends at a PVM village these bonds endure and help us to celebrate or problem solve our way through life - good times and bad. Many times PVM residents have remarked that they and their fellow residents look out for each other daily; and this brings joy and comfort to their lives.

Our annual Village Victory Cup is coming up on June 21st. This is a great way to celebrate the joy of life and is also a good way to make new friends as well as bond with the ones you have now. Come join in the fun. Talk to your village staff about becoming a member of your village team. Hope to see you there!



Mother Earth Day is April 22 Fun Facts About Our Earth

- Earth is the only place in the solar system where water can be present in all the three states – solid, liquid and gas.
- Earth formed some 4.54 billion years ago.
- 95% of Earth's oceans are still unexplored.
- Earth, is called the blue planet because it appears blue from outer space.
- Earth has just one moon whereas Jupiter has 67 moons.
- Moon, earth's natural satellite, is thought to have been formed from Earth after the impact of a Mars-sized object
- 99% of all species that ever existed on the Earth are now extinct.
- Earth is the only known planet that supports life.
- The Earth's core is 85-88% iron and its crust is 47% oxygen.
- Light from the Sun reaches the Earth in approximately 8 minutes and 20 seconds.
- Since temperature record keeping began in 1880, 2016 was recorded as the hottest year ever. The temperature in 2016 was 16.9 degrees above the 20th-century average.



REMEMBER...

Everyone is different and have different thoughts and feelings about privacy. It is probably best to say, "Hello" and ask "How are you?" to guests in the building instead of asking, "Who are you going to visit?" It may put people on the defensive as if you think they do not belong here. As long as they are buzzed in and act mannerly, guests are welcome at Warren Glenn.

Lucky O'Leary Takes a Bow

Thirty residents feasted on corned beef and cabbage with all the fixin's prepared by Diane Sexton. Residents donated a nice variety of desserts and wore lots of green proving that everyone is Irish on St. Patrick's Day.

Mary Hoffrichter won a huge 50/50 cash drawing and Christine Bashway, Elizabeth Barringer and Alice Kelmar won other prizes.

To top off the evening, pianist Michael Katopodes entertained the crowd with beautiful music. He is a junior at Wayne State University and Sylvia Guillemette's grandson.

Another highlight of the evening was announcing the winner of the *Name the Leprechaun* contest. Sherita Babridge won a beautiful wreath for Lucky O'Leary. Irene Alex was second for Grady O'Glenn or Glenn O'Grady and newcomer Walt Toepfer was third for Mr. Happy Go Lucky.

Other residents who participated in the contest were Gail Styles, Liz Barringer, Miriam Napolitano, Debra Bertolino, Rosemarie Barnhart, Donna Smith, Bev Hooks, Carolyn Richardson, Allan Thompson, Ruby Hamilton and Dan Federico.



COMING IN MAY

May Birthday Party	Thursday, May 9
Rummage Sale	Saturday, May 18
Memorial Day Picnic	Saturday, May 25
Student Yardwork	Saturday, May ?

This puffy egg dish is also called a German pancake. It is completely different from regular pancakes that you serve with maple syrup.

No Flip Oven Pancake

- 3 eggs
- 1/2 cup flour
- 1/4 teaspoon salt
- 1/2 cup milk
- 2 tablespoons butter, melted

- 2 tablespoons powdered sugar
- 2 tablespoons toasted almonds

- 1 tablespoon butter
- 1 tablespoon lemon juice

Beat eggs until well-blended. Slowly add flour, beating constantly. Stir in salt, milk and the 2 tablespoons melted butter. Grease 10-inch skillet (handle must be removable or oven-proof). Pour batter into cool skillet.

Bake in a hot oven (400 degrees) for 15 minutes or until pancake is browned and puffy. (Don't let it burn.) Remove from oven; quickly sprinkle with the powdered sugar and toasted almonds. Combine the remaining melted butter and lemon juice. Quickly drizzle over all. Serve pancake immediately. Makes 2 servings.

Scam Alerts-Spring 2019

Phone scammers who pretend to be from government agencies may call you to steal your personal information. Be aware of these common scams, so you can protect yourself and your wallet:

USAGov Spoofing: If you receive a call that appears to be from the USAGov telephone line (1-844-872-4681) and you have never previously called that number, do not answer. It is someone pretending to be from USAGov in a type of illegal scam called *spoofing*.

IRS Impersonation Scams: Fraudsters are taking advantage of tax season by impersonating the Internal Revenue Service (IRS). The real IRS will never call you and ask for personal information.

Medicare OR Social Security: These agencies NEVER contact you by telephone for any reason. If you receive a call from someone who says they are from Medicare or Social Security, do not talk with them. Hang up.



Administrator Responds to Resident Survey

In addition to the questions on the Resident Survey, there was a place for residents to comment freely and anonymously. I will respond to the comments each month in the newsletter. I hope that the answers are interesting and give you a different perspective on issues.

Doors are made to slam, very annoying

HUD regulations say that a door must close and latch on its own, but the goal is to adjust the tension so that the door latches without slamming. I can see how that is annoying. Please fill out a work order and Mark will adjust the door so that it closes and latches without slamming.

Doors don't fit so cold air in the hall seeps into your apartment

Doors and thresholds are made of metal for fire safety. Metal does not move against metal; a slight gap is present and necessary so that doors open, close and latch. The gap should be slight and even around the door. If it is not even, fill out a work order and Mark will adjust the door.

There is a lack of communication with residents. We have very few resident meetings!

We communicate through print: the monthly newsletter, individual letters about re-certification, mailroom sign-up sheets and flyers posted at residents' doors, throughout the building and on the bulletin board. At the recent residents' meeting, everyone received an orientation booklet that will go to new residents; it contains valuable, practical and detailed information about village life – a how-to-booklet.

We communicate through meetings: a one-on-one, private re-certification meeting with each resident every year, a residents meeting and an annual inspection of each apartment.

We communicate through one-on-one service: collecting rent checks, providing quarters, writing maintenance work orders and answering questions.

We communicate at special events: the Friends and Family fundraiser, the Village Victory Cup and the Christmas Party.

We communicate while working together for the betterment of the community: at rummage sales, at Student Gardening days and while decorating for the holidays.

We communicate at social and educational events organized by the service coordinator, the office and inclusion minister. Trips to the DIA, art center, apple orchard, movie theater and beauty school and workshops with lawyers, social workers and gerontologists have been organized. Jump in and get involved. You will know more about the building, have more input, and enjoy Warren Glenn even more.

While all of this is true, it stills seems like people want to meet as a group more often, so in 2019 we will have four meetings a year – one every three months. Let's see how that goes. Also we will begin using the rent box next to the office as an ongoing suggestion / question box – you don't have to wait for the Resident Survey to communicate.

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org



Office Numbers

(586) 751-5090

Village Staff

Anne Lilla
Director

Stacey Klooster
Administrative Assistant

Denise Giallombardo
Service Coordinator

Mark Benoit
Maintenance Tech

Emmi Parada
Housekeeper

WARREN GLENN BOARD MEMBERS

Malcolm McDougall, President
Mary Blaszczak Betty Challenger
Sr. Mary Fagan Marijo Hockley

EMERGENCY NUMBER

(586) 554-4008

Fax Number

(586) 751-7876



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org

Newsletter Committee

Stacey Klooster

Anne Lilla

Diane Sexton



The Village of
Warren Glenn

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan



1. BUNNY
2. DAFFODIL
3. HIDE
4. CHOCOLATE E
5. PAINT
6. TULIPS
7. CROSS
8. BASQUET
9. JELLY BEANS
10. LAMB
11. HEN
12. CHICK
13. BUTTERFLY
14. EGG
15. EGGHUNT

Embrace the possibilities