



Villa View



Embrace the possibilities

25340 West Six Mile Road • Redford, Michigan 48240 • December 2016

Notes from the Administrator

Featured Articles

- Glorias's Notes.....pg 1
- Thanksgiving Photos.....pg 2
- Word Search.....pg 4
- Calendar.....pg 7

The Reason for the Season

**Christmas is a special time
To reflect on Jesus Christ,
The wonder of His lowly birth
Brings meaning to our lives**

**There really is no other reason,
We celebrate this day,
The birth of God's precious son
And the life, He willingly gave**

**But so much seems to distract us
In the busyness of our lives,
We lose our focus in all the happenings,
Not knowing, we leave out Christ**

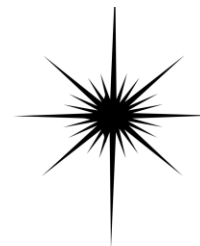
**We lose sight of the true meaning
As we endlessly rush about,
Trying to find that perfect gift,
Seems to cloud our Saviour out**

**We need to stop and reflect awhile,
Remembering our precious Lord,
His birth, His life and sacrifice
And all that He stands for**

**For though the world may celebrate,
It seems, though, for other reasons,
Let's keep in mind that Jesus Christ
Is the true meaning of the season.**

© By M.S.Lowndes

Look for PVM on:



Merry Christmas & Happy New Year!
Gloria, Hannah, Crystal, Rhonda, Mark, Steve & Anita

In His Presence Ministries Thanksgiving 2016





Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation

Rise to the challenge.

And join me in raising \$50K for seniors!

You can help seniors get \$50K—if YOU rise to the challenge and raise \$50K by December 31st, doubling your impact!

Think of what \$100,000 can do for residents! With your help, you can:

- **Transport** 1,000 residents on 4 special outings a year to local attractions like Belle Isle.
- Give 240 residents 1 year of **exercise classes** to stay fit and healthy.
- Support the **emergency needs** of over 300 residents in 1 year (up to \$300 each).
- Send over 400 residents to the **Village Victory Cup** each year for the next 5 years!

The challenge ends **December 31, 2016**. Please make your gift today and change the life of a senior who needs you!

Thank you for creating new possibilities for seniors and helping them thrive!

Happy holidays,

Paul J. Miller, CFRE

Join the \$50K Challenge!
And change the life of a senior who needs *You*

7 in 10 older adults, like David, will need long-term services and support in their lives. YOU can help!

Raise \$50K by Dec. 31, 2016—and PVM Villages will receive another \$50K, *doubling* your impact!

MAKE YOUR GIFT TODAY!

Mail: PVM Foundation, 26200 Lahser Rd, Suite 300, Southfield, MI 48033
Online: pvmf.org/challenge
Call: 248.281.2040



**Phyllis at Shear
Perfection Salon**
Days of Operation:
Wed thru Sat.

Hours: 11 am- 4pm.

313-541-6077
Call to make an
appointment!

Holiday Tunes

- Away in a Manger
- Choir of the Bells
- Dominick the Donkey
- Frosty the Snowman
- Holly Jolly Christmas
- Jingle Bell Rock
- Jingle Bells
- Let it Snow
- Little Drummer Boy
- Little St Nick
- O Holy Night
- Rudolph
- Santa Baby
- Silent Nigh
- Silver Bells
- The Christmas Song
- The First Noel
- Winter Wonderland

S	G	R	D	A	M	A	F	C	I	F	Z	Z	X	F	K	U	H	J	X
W	A	W	A	Y	O	B	R	E	M	M	U	R	D	E	L	T	T	I	L
C	K	M	B	H	P	L	O	D	U	R	J	T	G	J	I	H	Z	N	O
Z	D	W	T	Z	E	D	S	Y	E	L	C	B	Y	R	T	G	C	G	K
G	N	O	S	S	A	M	T	S	I	R	H	C	E	H	T	I	J	L	L
Q	A	N	K	O	I	D	Y	A	L	F	D	G	I	R	L	N	B	E	D
X	L	S	O	X	Q	R	T	B	T	I	N	W	X	N	E	T	O	B	J
D	R	T	J	T	I	R	H	V	A	A	H	X	I	P	S	N	A	E	W
F	E	I	F	W	V	T	E	C	M	B	E	U	U	B	T	E	S	L	S
N	D	T	U	C	C	H	S	A	Y	A	A	I	N	S	N	L	C	L	Q
B	N	E	V	X	E	G	N	X	I	L	M	T	R	I	I	I	Y	R	W
F	O	L	N	I	A	I	O	Z	T	K	L	I	N	X	C	S	J	O	U
B	W	V	E	S	Y	N	W	K	M	G	F	O	O	A	K	T	E	C	N
G	R	O	K	A	C	Y	M	V	Z	E	U	A	J	Y	S	L	D	K	U
M	E	Q	W	Q	O	L	A	O	H	K	P	I	T	Y	K	B	N	M	Q
G	T	A	P	U	I	O	N	T	S	L	L	E	B	E	L	G	N	I	J
L	N	F	G	C	Z	H	N	S	L	L	E	B	R	E	V	L	I	S	E
I	I	Y	E	K	N	O	D	E	H	T	K	C	I	N	I	M	O	D	S
L	W	B	T	K	S	L	L	E	B	E	H	T	F	O	R	I	O	H	C
U	I	M	U	Y	F	C	J	H	B	X	B	V	R	U	M	Q	C	Y	B

Redford Board of Directors

- **Joyce King, Board Chairperson**
- **Emily Dye**
- **Reva Wujcik**
- **Carrie Hays McElrye**
- **Deanna Mitchell**
- **Laura Scanlon**
- **Susan Hurst**
- **Catherine Esannason**



It's Your Life. Live It Well.

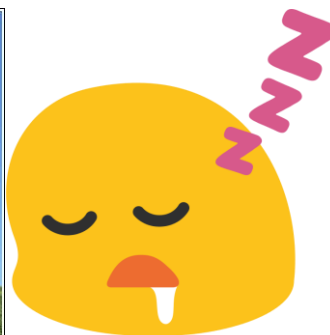
By Tom Wyllie,
Director of Wellness

MESH: The Key to Healthy Aging

Last month I had the pleasure of attending a conference at which I heard world renowned geriatrician Dr. Bill Thomas speak about healthy aging. According to Dr. Thomas, the key to having what he refers to is a “good old age” can be summed up with the term: MESH, which stands for **Move, Eat, Sleep, Heal**. As a practicing physician, Dr. Thomas has found that neglecting to do any of these four things can have dire consequences as we age. Over the next four months, I will devote a column to each of these four behaviors and explore what exactly Dr. Thomas means when he advises us to **Move, Eat, Sleep, and Heal**.

The Merriam-Webster dictionary defines the word mesh as “to cause (things) to fit together or work together successfully.” Starting next month, we will begin to learn how these four things work together to help us age successfully. For those of you with access to a computer, follow this link for a sneak peak on what it means to move, which will be the subject of next month’s column:

<http://changingaging.org/blogstream/the-best-health-advice-just-move/> .



Southern Pecan Pie



Preheat the oven to 350 degrees F.

1. Place the pecan halves in a dry skillet and lightly toast over medium heat. Watch carefully and move the pecans around the pan with a spatula or wooden spoon. You do not want to brown the pecans, just toast them gently until you can smell a nice, nutty aroma. This will only take about five minutes. Remove the pecans from the heat and set aside.
2. In a medium bowl, whisk together the remaining ingredients until thoroughly blended. Add the pecans and stir to distribute evenly. Pour the filling into the prepared crust, pushing the nuts into the filling to make an even layer.
3. Bake the pie for 40 – 50 minutes until the center is puffed up and no longer wobbly. I recommend that you shield the edges of the crust with foil or a crust shield before the pie goes in the oven. It is hard to do when the pie is hot. Remove the cooked pie from the oven and leave to cool completely. The pie will keep wrapped tightly for two days, or can be wrapped in plastic wrap, then foil and frozen for up to six months.

For the filling:

- 1 -1/2 cups pecan halves
- 4 large eggs
- 1 cup dark corn syrup
- 4 tablespoons melted butter, cooled to room temperature
- 1/2 cup sugar
- 1 tablespoon vanilla extract
- 2 tablespoons bourbon (optional)

Happy Birthday to You!

The Birthday Party will be held on 11/21, at 1:30 PM in the Villa Dining Room.

Villa Friends	Cottage Friends
Mary Clark-Taylor 12/01	Jocelyn Frazier. 12/04
Mary Edwards..... 12/08	Jessie McClain 12/06
Evelyn Chapman. 12/14	Bertha Reid..... 12/07
John McMullen Jr. 12/19	Imogene Pruitt 12/13
Allen Thompson 12/24	Shirley Jackson..... 12/16
Deborah Smith. 12/25	Mary Stye..... 12/21
Odessa Tinsley..... 12/28	Ella Clements 12/27
	Sylvia Lindemann 12/30



© wondercliparts.com

December 2016 Activities Calendar

December 2016						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 10 am Coffee Hour 10 am Pantry 11 am Christmas Craft Bazaar	2 11 am Christmas Craft Bazaar 12:45 pm Milkman 1 pm Arts & Crafts 5 pm Keno-Bingo	3 1 pm Bingo 3rd floor Game Room
4	5 10 am Pantry 5 pm Bingo/Keno 6:30 pm Cards	6 1 pm Chair Exercise 2 pm Movie "A Christmas Carol"	7 10 am Value Center/Walgreens 2 pm Pinochle 2:30 pm Sing-A-Long 6:15 pm Bible Study	8 10 am Coffee Hour 10 am Pantry	9 11:00 am Tree Decorating 12:45 pm Milkman 1 pm Arts & Crafts 5 pm Keno-Bingo	10 1 pm Bingo 3rd floor Game Room
11	12 10 am Pantry 5 pm Bingo/Keno 6:30 pm Cards	13 1 pm Chair Exercise 2 pm Movie "Love the Coopers"	14 10 am Kroger/\$ Store 2 pm Pinochle 2:30 pm Sing-A-Long 6:15 pm Bible Study	15 10 am Coffee Hour 10 am Pantry	16 12:45 pm Milkman 1 pm Arts & Crafts 5 pm Keno-Bingo	17 1 pm Bingo 3rd floor Game Room
18	19 10 am Pantry 1:30 pm Birthday Party 5 pm Bingo/Keno 6:30 pm Cards	20 10 am Value Center/Walgreens 2 pm Movie "The Christmas Candle"	21 11 am Christmas Caroling 2 pm Pinochle 2:30 pm Sing-A-Long 6:15 pm Bible Study	22 10 am Coffee Hour 10 am Pantry 1 pm CHRISTMAS CELEBRATION !	23 12:45 pm Milkman 1 pm Arts & Crafts 5 pm Keno-Bingo	24 1 pm Bingo 3rd floor Game Room
25 	26 OFFICE CLOSED 10 am Pantry 5 pm Bingo/Keno 6:30 pm Cards	27 1 pm Chair Exercise 2 pm Movie "The Bishop's Wife"	28 10 am Kroger/\$ Store 2 pm Pinochle 2:30 pm Sing-A-Long 6:15 pm Bible Study	29 10 am Coffee Hour 10 am Pantry	30 12:45 pm Milkman 1 pm Arts & Crafts 5 pm Keno-Bingo	31 

THE CHRISTMAS CELEBRATION ON THE 22ND WILL BE MOVED TO THE VILLA DINING ROOM
THERE WILL BE NO COTTAGE TRASH PICK UP 12/26/2016, PICK UP WILL RESUME 12/29/2016

Please note: The Redford Board of Directors meets the fourth Thursday of each month. Depending on the amount of members in attendance, the dining room may need to be utilized for the meeting. We appreciate your flexibility in this matter. **THERE WILL BE NO BOARD MEETING FOR THE MONTH OF DECEMBER**

THERE WILL BE NO COTTAGE TRASH PICK UP MONDAY, DECEMBER 26TH. TRASH PICK UP WILL RESUME THURSDAY, DECEMBER 29TH.

Announcements & Reminders

TAX CREDIT RESIDENTS: 2017 Social Security Benefit Award Letters are beginning to appear in mailboxes nationwide, including yours! Please keep an eye out for it, as these letters are crucial when it comes to completing your recertification. Please stop by the office so a copy can be made for your file. One less thing to collect when it's time to do paperwork!

Vehicle Registration: Everyone should have received a Vehicle Registration form. Please complete and return to the office at your earliest convenience. You do not need to include your insurance information; all we need is the [make, model and license plate](#).

Welcome New Residents!

Deborah Eckridge, Cottages
Deborah Hawkins, Cottages
Sammie Abrams, Cottages
Nadine Doolan, Villa
Donna Owens, Villa
Barbara Horton, Villa
William & Tonna Brown, Villa



Rubin: Dolled-up Simone Biles takes silver in the D

Neal Rubin, The Detroit News November 25, 2016

I liked the [Simone Biles](#) doll, but experience has taught me that I am not a 9-year-old girl. I was hugely impressed with the Prince doll, too, but that was a case where consumer expertise was even more crucial: Would a little girl want to play with a deceased pop star with flocked-on facial hair?

That was up to my fellow judges to determine at what I've come to think of as Dollapalooza — the annual doll-dressing competition of the Old Newsboys Goodfellow Fund in Detroit.

The Goodfellows will distribute 34,000 Christmas packages this year to 4-to-13-year-olds in Detroit, Highland Park, Hamtramck, River Rouge and Harper Woods. About 10,000 of those parcels of generosity and cheer will contain dolls.

The dolls, subcontracted by Santa Claus to some offshore factory, show up at Goodfellows headquarters wearing only briefs and shoes — but the girls don't see them that way on Christmas morning.

By then, every doll has been fully clothed by one of thousands of volunteers who heed the Goodfellows' 102-year-old motto, "No kiddie without a Christmas," and take it a few steps and stitches further.

Some of the outfits are purchased, which is fine. Some are sewn, crocheted or otherwise crafted in ways I couldn't master if you locked me in a fabric store for a month with Martha Stewart.

The 150 most impressively attired dolls will be on display through Nov. 30 in the lobby of the Comerica Bank at 411 Lafayette. The judges' task Monday was to decide on a Top 10, and from that group a Top three.

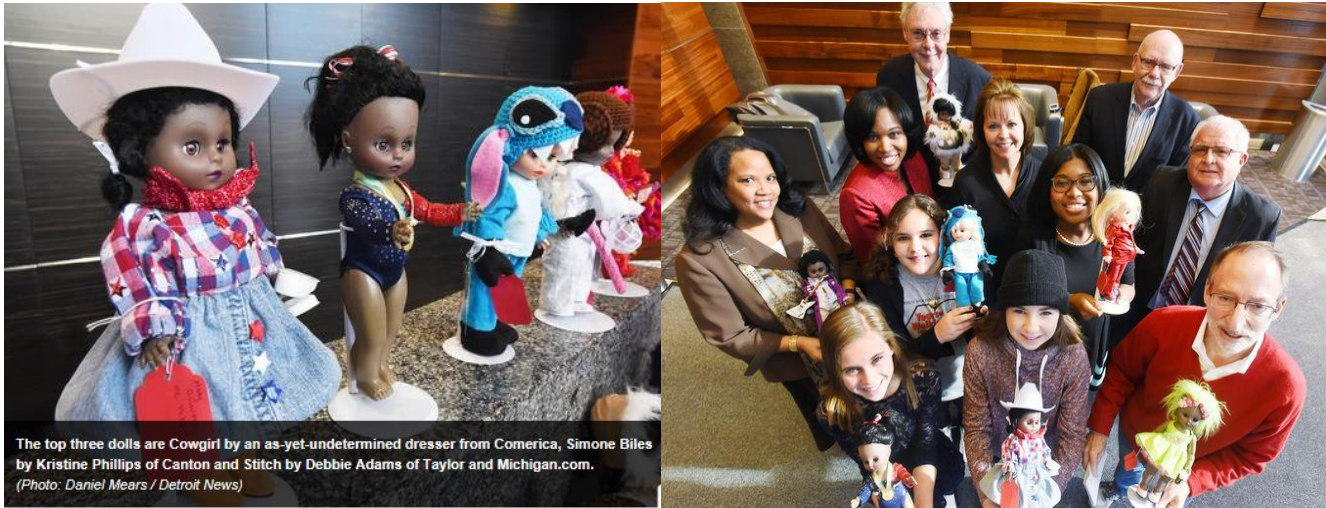
It should be mentioned that the Goodfellows always spend money they haven't finished raising. To help them along, visit detroitgoodfellows.org or drop a check to P.O. Box 44444, Detroit, MI 48224.

It should also be mentioned that judges Sophia Virga, 10, of Warren; Jayla Forest, 13, of Farmington Hills; Lauren Koski, 11, of Rochester; and Tori Pomeroy, 12, of Sterling Heights, are all young women of exceptional grace, taste and distinction.

Remember, it's a toy

The best-in-show we decided on was a white-hatted, denim-skirted, leather-booted cowgirl crafted by one of a large cohort of dressers from Comerica. Third place went to Debbie Adams of Taylor and Michigan.com with a Disney character named [Stitch](#).

The silver medal, a rarity for her, went to Ms. Biles, as created by Kristine Phillips of Canton.



Prince was an impressive enough work of art that he rocked a Top 10 finish: long purple coat, brocade pants, white ruffled shirt, purple shoes, guitar. The dresser was Nadine Lonergan, 61, a neonatal nurse practitioner from Allen Park who distributed 50 dolls this year among her equally warm-hearted colleagues from the Providence Hospital facilities in Southfield and Novi. Lonergan's Super Bowl-version Lady GaGa also was a finalist.

"I liked the guitar and the details," said judge Lauren of Prince. "But I don't think a girl would want to play with a boy" — and especially a boy with a pencil mustache.

"My thing is to do lookalikes," Lonergan says — Aretha Franklin a few years ago, Rosa Parks, Michael Jackson.

Whether she's turning out a Nicki Minaj or Queen Elizabeth, "I try to make it easy to dress and undress, so it can be played with."

Beauty in eye of beholder

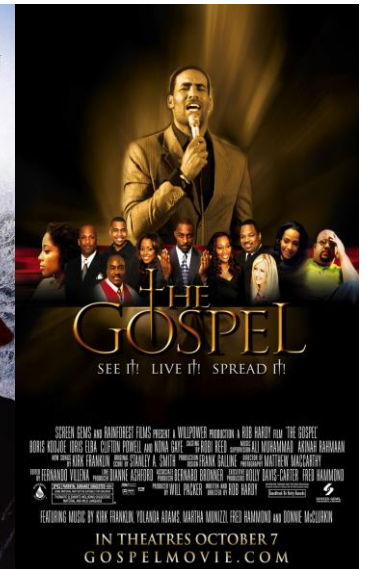
Amen, says Phillips, a retired nurse.

She won first place in 2013 with a pink-and-green fairy and put a green-haired fairy in this year's Top 10. Along the way, "I figured out how to attach the wings to the outfits, so they don't get broken."

Her leotard-wearing Biles looks simpler, but the red-and-blue Olympic uniform with white accents includes hours' worth of glued-on tiny crystals. The gold medal around her neck hangs from a Rio 2016 lanyard.

Phillips, 58, took second last year with a French horn player. Her all-time favorite was probably a Michelle Obama in her inaugural gown, but it didn't make the Top 10. "What are you going to do?" she says, and she laughs. It's not as though the young judges or the recipients are going to check the precision of the hems. These are playthings for little girls — and in a few weeks, one of them will unwrap Simone Biles and do backflips.

Movie Listings December 2016



Love the Coopers For their annual Christmas Eve celebration, Sam Cooper (John Goodman) and his wife Charlotte (Diane Keaton) welcome four generations of extended family, including son Hank (Ed Helms), daughter Eleanor (Olivia Wilde) and Charlotte's father, Bucky (Alan Arkin). Sam and Charlotte are separating after 40 years of marriage, while Hank is in the middle of a divorce. As the guests reveal their respective problems, they also rediscover the importance of kinship and the spirit of the holiday.

The Christmas Candle In 19th-century England, a minister's quest to modernize his village puts him at odds with people who believe that whoever lights the candle that an angel touched will receive a miracle on Christmas Eve.

The Bishop's Wife Dejected by his efforts to raise money to build a cathedral, Bishop Henry Brougham (David Niven) beseeches heaven for guidance, and is visited immediately by Dudley (Cary Grant), who claims to be an angel. Henry is skeptical, then annoyed when Dudley ingratiates himself into the household as his assistant -- and worse, wins the attentions of Henry's long-suffering and kindly wife (Loretta Young). When Dudley continues to intervene in Henry's struggles, the bishop decides to challenge heaven.

The Gospel While he was once on the way to becoming a minister, David Taylor (Boris Kodjoe) instead chose to become a popular music star, and the hedonism that followed turned his father against him. But despite the gulf between them, David comes home when he finds out that his father is sick. At the church David once stood to inherit, he finds that the Rev. Charles (Idris Elba), who has been groomed to shepherd the congregation after his father's retirement, has ideas that could ruin everything.

SEE YOUR MONTHLY CALENDAR FOR SHOWING DATES!

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

**Villa Office Number
Cottage Office Number**

**(313) 541-5991
(313) 541-6300**

Village Staff

Gloria Robinson
Senior Housing Administrator

Hannah Micallef
*Cottages Administrative
Assistant, TCS*

Steve Reardon
*Cottages Maintenance
Technician*

Crystal Davis
Villa Administrative Assistant

Mark Uzarek
Maintenance Lead, Villa

Rhonda Harvey
Housekeeper, Villa

Anita Stephens
*Service Coordinator, Villa &
Cottages*

EMERGENCY NUMBER (VILLA)

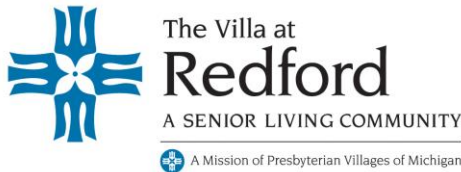
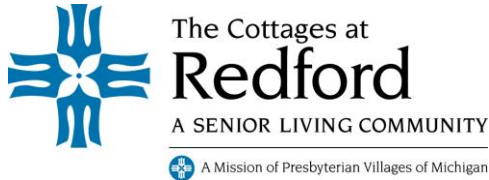
(313) 910-7027

EMERGENCY NUMBER (COTTAGES)

(313) 573-3572



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit **www.pvmfoundation.org**



**The Villa and Cottages at Redford • 25340 West Six Mile Road •
Redford, Michigan 48240**

Embrace the possibilities