



# **Embrace the possibilities**

3325 Grange Hall Road Holly, Michigan 48442 • www.pvm.org

November 2018

#### **Featured Articles**

WORD SEARCH PG3

CALENDAR. PG7

SERVICES & BIRTHDAYS PG 5



The Village of Holly Woodlands

A SENIOR LIVING COMMUNITY



### Look for PVM on:







## VILLAGE ADMINISTRATOR

HAPPY NOVEMBER!

I would like to take a moment and honor our Veterans at Holly Woodlands. Without your service and commitment, we would not be able to enjoy the freedom that we have. Please make sure that you take a moment, remember, and honor those who gave their lives so that we may enjoy our beautiful coun-

We will be celebrating Thanksgiving this month. What are you thankful for? Could it be your family, friends, neighbors and maybe even the staff? Make sure that you tell those that have made a difference in your life. I would like to thank the staff here at Holly Woodlands. They are the best people I have had the privilege of working with and what you do does make a difference. I am also thankful to our Board of Trustees for all the time they give to make a difference in the lives of our residents. And last but certainly not least, all the residents. You have taught me and changed my life in so many ways. I am so thankful for the time I have shared with and learned from you.

Please help me in welcoming Rene Powell to the Holly Woodlands staff as our new Housekeeper. Please be sure to say hello and welcome her to our "family". We are still in the process of recruiting maintenance.

This is the time of year we have to think about snow. Please remember to wear proper footwear and clothing for the season. We want everyone to be safe.

Make sure you are checking the calendar. We have several events and trips taking place. Please join in all the fun. Our Administrator/Resident meeting will be held on November 26<sup>th</sup> at 1:30 pm in the Manor. I hope to see you all there.

Deanna Coggins



## Service Coordinator News

11-6 1pm Heartland Home Health and Hospice -Hypertension Prevention, Intervention, and Maintenance



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11-8 10am Harmony Healing Holistic Alternatives

11-15 10am Kindred at Home -Fall Prevention and Diabetes Awareness



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11-20 10am Holly Coalition Prescription Medication Information

Thank You & Congratulations

A big Thank You goes out to all the residents that nominated our Holly Woodlands Staff for a Shining Star.

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A Big Congratulations to our Shining Stars
Jim Powers & Kristin Grier
Were named Presbyterian Village of Michigan's
2018's Top Ten Shining Stars!
Way to go!

# Thanksgiving Word Search

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PSI
      LDGJIDMZT
  HLCLOPDMZCCXX
  HRFVANLEOHSFB
      GONETYMKW
           XYG
TURKEY
           STUFFING
                     PUMPKIN
PIE
           PILGRIMS
                     THANKFUL
MAYFLOWER
           FAMILY
                     FOOTBALL
FEAST
           PARADE
                     NOVEMBER
THANKSGIVING
           GOBBLE
                     AUTUMN
```

## Life Without a Car

A few weeks ago I experienced - temporarily — what many of us will perhaps one day experience permanently: life without a car. Some of you may already be in that situation. I still had to go to work. I still had meetings to attend. I still had errands to run but I had no car. It was in the shop for some minor repairs that of course took longer to fix than I was originally told so when all was said and done. I was without a car for a little over a week.

I live alone and my kids have long since flown the coop to pursue adult lives of their own. Besides, they don't live nearby so asking them to cart me around wasn't really an option. So what was I to do? I was in a bit of a bind until I remembered something my daughter's boyfriend recently told me, that he was living the "app life".

#### So what does that mean?

Well, if you own a smartphone and have access to the internet you have a lot of power in your pocket. There are thousands of computer applications, which are essentially small computer software programs commonly referred to as "apps" that you can place on your phone that allow you to do numerous things and provide you with easy access to a variety of innovative and useful services. Among them are apps that will link you to ridesharing services, two of the most popular being Lyft and Uber.

Over the course of the next few months, I will be sharing with you how I used "apps" to do what I needed to do and be where I needed to be without a car. In so doing, I discovered that giving up my car didn't mean I had to give up living my life. So stay tuned. Next month I will start by sharing how I used Lyft to get out and about.



### **SERVICES OFFERED**

Community Supplemental Food Program (CSFP): Last Tuesday of every month

at the Wellness Center 9 am-11 am

Bible Study: First & Third Tuesday's @10:00 2nd floor lounge.

Bible Enrichment: Second & Fourth Tuesday's @ 10am 2nd Floor Lounge.

Beauty Salon: Third floor of the Manor.

Please call Sally @ 248-534-5641 to schedule an appointment.

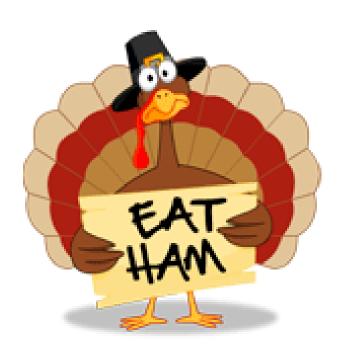


## **What Goes Around Comes Around**

Recently I experienced good karma in a way which affirms my belief in caring about others. My grandma was right when she used to say: "What goes around comes around." I have witnessed this phenomena in many ways over the years.

In my recent experience I was attending an annual meeting with an organization still somewhat new to me; and more than several attendees reached out to me in an intentional manner to include me and make me feel welcome. I am usually that person that notices when a fellow human being needs to be welcomed so this was a gratifying experience for me.

Bringing this concept around to PVM, residents often talk about how they and their neighbors all look out for each other. This has created a sense of community which adds to their quality of life. Unfortunately I have heard stories with the opposite script. We all have had issues to deal with and problems to conquer. The longer we have been on this earth the more we have endured as well as enjoyed. Keep that in mind and lift another person's psyche. Offering a smile and welcoming a newcomer can pay great dividends. You may meet a new lifelong friend or may need a smile yourself on any given day. "What goes around comes around."



Sun	Mon	Tue	Wed	Thu	Fri	Sat
He	llo n	ovemb	per.	I Movie Day Ipm "Captain Phillips" Ipm Bingo 6:45	2 Chair Exercise 9am	3 Prayer 6:00
Church 6:00	5 Arbys & Target Lunch 10am Chair Exercise 9am	6 Dollar Tree 10am Heartland Home & Hospice 1pm Bible Study 10am Euchre 1pm Bingo 6:45	7 Kroger 9am Neighbor to Neighbor 12:30 Chair Yoga 6pm Choir 2pm	8 Bus Service 9-3 Harmony Healing 10am Bingo 6:45	9 Goodwill Holly 10am Celeste Market 1pm Chair Exercise 9am	10
Church 6:00  VETERANS DAY HONORING ALL WHO SERVID	12 Chair Exercise 9am Bus Service 9-3	13 Bible Enrichment 10am Euchre 1pm Bingo 6:45	14 Vgs 9:30 Carpenter Church Free Bread 1pm Choir 2:30pm Chair Yoga 6pm	15 "Curtains" Milford High School Play 2:45 Kindred at Home 10am Bingo 6:45	16 Arts & Greens & Lunch 11am Chair Exercise 9am	17 Prayer 6:00
18 Church 6:00	19 Goodwill Bulk Weight Store Flint 10am Chair Exercise 9am Gnome Craft 1:30pm	20 Holly Coalition 10am Thanksgiving Potluck Noon Bible Study 10am Euchre 1pm Bingo 6:45	21 Holly Foods 9:30 Choir 2pm Chair Yoga 6pm	22 -Office Closed-	Chair Exercise 9am  OFFICE CLOSED	24
25 Church 6:00	26 Walmart Fenton 9:30 Resident\ Administrator Meeting Manor 1:30pm Blood Pressure 1pm Chair Exercise 9am	27 CSFP Distribution 9-11 at the Wellness Center Bingo 6:45 Bible Enrichment 10am Euchre 1pm	28 Chair Yoga 6pm Choir 2pm	29 Bingo 6:45	30 Chair Exercise 9am	

### Presbyterian Villages of Michigan **Mission Statement**

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

www.pvm.org

**Office Phone Number** 248-634-0592



THE FOUNDATION

## **Village Staff**

**Deanna Coggins Administrator** 

**Kristin Grier** Administrative Assistant

**Cassie Roberts** Activity Coordinator

**Mandy Sly** Service Coordinator

**Derek Elkins** Maintenance Supervisor

**EMERGENCY NUMBER 248-534-8263** 

Fax Number 248-634-8417

**James Powers** Maintenance Technician

**Rene Powell** Housekeeper

**Dottie Reed** Receptionist





Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan at 248-281-2040 or visit www.pvm.org



A Mission of Presbyterian Villages of Michigan

#### **Holly Woodlands Board Members**

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Dale Smith

Sally Swayne

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