



# Village Voice



Embrace the possibilities

32001 Cherry Hill Rd. • Westland, Michigan 48186 • [www.pvm.org](http://www.pvm.org)

October 2020


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The Village of  
**Westland**

A SENIOR LIVING COMMUNITY

 A Mission of Presbyterian Villages of Michigan

## October Happenings

### Gardening with Michele

Enjoy gardening? Want to take part in make the Village of Westland beautiful? Join Michele each Friday afternoon at 1 PM in the Gazebo Courtyard for fall gardening.

### Google Nest

Presbyterian Villages of Michigan has had Google Nests donated for residents to use. This is great way to communicate with loved ones and medical personal. If you are interested in using a Google Nest, call Shana Brown at (734) 762-8886 to sign-up for the interest meeting on Tuesday, October 6<sup>th</sup> at 1:30 PM in the Wellness Center and via Zoom.



### Farmer's Market

October 7<sup>th</sup> between 11 AM – 2 PM in the Front Parking Lot

### Resident Council Meeting

We will have an outdoor Resident Council Meeting the gazebo courtyard this month. This will take place on Monday, October 19<sup>th</sup> at 1:30 PM.

## October Openings

### Fitness Equipment is now open for use!

The equipment in the fitness center is now accessible to residents via appointment. Hours are 9 AM – 5 PM, Monday – Friday. Appointments can be made with Jenn Wolf at (734) 762-8953.

### Opening the Salon!

On Thursday, October 8<sup>th</sup> we will be opening up the Salon. Details on Page 7.

### Opening the Village Store!

On Monday, October 19<sup>th</sup> we will be opening up the Village Store in the 100 Hallway. Full of new items with a new look and a new name!

We are also looking for residents to volunteer in the store. If you are interested in volunteering the store, please attend the village store volunteer meeting at 1:30 PM on Thursday, 10/8 in the Wellness Center or by calling Shana Brown at (734) 762-8886.

### Opening the Dining Room!

On Monday, October 19<sup>th</sup> we will be having a soft opening the Village Inn Dining Room with a Grand Opening on Monday, November 2<sup>nd</sup>. Details to come.



# It's Your Life. Live It Well.

By Tom Wyllie,  
Director of Wellness

## By Seniors. For Seniors.

 Your Good Life

Whether you're looking for something entertaining to read, consider yourself a budding author and have words of wisdom or a funny story to share or have an interest in brushing up on your poetry skills you need to check out [Your Good Life!](#)

Started by a group of friends who live at a senior living community in Indiana, Your Good Life is a blog written by seniors for seniors. Weekly posts explore what life was like in the past, what it is like now and what it may be like in the future for today's older adults.

You'll also find a list of [recommended readings](#) as part of their [online book club](#), which incidentally you can join, along with a series of [poems written by readers](#) including many that address contemporary issues. One of my favorites is "[Isolation](#)" by Mary Jane Baxter in which she ponders how being socially isolated due to COVID-19 may impact her life.

Speaking of favorites, if you want a hearty laugh you must read Gene Helveston's post titled, "[The Bag](#)". In it, he writes about the time when he had the responsibility to deposit the weekly offerings from the previous Sunday's church services and the bank bag turned up missing.

Not meant to be just a passive experience, Your Good Life offers you the opportunity to submit a story or poem of your own, discover the [benefits of journaling](#), start a [memoir](#), share some meaningful photos and become an active member of their online community.



# The Senior Advocate.

*By Lynn Alexander,  
Senior VP & Chief Marketing Officer*

## FOR YOUR HEALTH AND SAFETY

As if protecting ourselves against COVID-19 and the flu (see our PVM website for a video by our CEO Roger Myers) isn't enough we also need to watch out for mosquito-borne diseases. These include Zika virus, West Nile virus, Chikungunya virus, dengue, and malaria. The best way to prevent diseases spread by mosquitoes is to avoid being bitten. The following can help protect you and your family from mosquito bites:

- \*Use Environmental Protection Agency (EPA) –registered insect repellent. These are all evaluated for safety and effectiveness.
- \*Always follow the product label instructions.
- \*Do not use repellent on babies younger than 2 months of age.
- \*Do not apply insect repellent on a child's hands, eyes, mouth or irritated skin.
- \*Adults- apply repellent on your hands and then apply to a child's face.
- \*Wear protective clothing such as long-sleeved shirts and pants.
- \*Avoid areas where mosquitoes can be present.
- \*Maintain window and door screens to keep mosquitoes out of buildings. Do not prop open doors.
- \*Get rid of mosquito breeding sites by removing standing water in and around your home.

After working so hard to prevent COVID do not let a case of the flu or a simply mosquito bite be your downfall. STAY SAFE!

\*Information was provided by the Oakland County Health Department.



## October is Breast Cancer Awareness Month

As we celebrate those who have survived we also remember those who are no longer with us. That's why we INVITE YOU to put your loved one's picture on a sign and celebrate them. The personalized yard signs will be placed around the Village and on October 14<sup>th</sup> from 4:00pm-6:00pm you can walk around the campus and find your loved ones picture or on October 16<sup>th</sup> from 4:00pm-6:00pm we invite you to drive around. The signs will remain up until the end of the month and are yours to keep afterwards.

Yard signs are 23 inches by 23 inches and will consist of your loved ones picture, a line that says "In Remembrance Of" or "Survivor" and their name. A donation of **\$20** is required to purchase your sign. All proceeds will go to Breast Cancer awareness research.



We are also selling T-Shirts to donate the proceeds to Breast Cancer Awareness Research as well. Below you will find a sample of both options. Shirts are **\$25** per shirt.



Please indicate which option you would like and the size when your order. If you have any questions please feel free to contact Amber @ 734-762-8896 or Breana @ 734-762-8928. Employees that order shirts can wear them every Friday in October. All orders for signs and shirts are due **ASAP**.



# Great News from The Westland Village

**Cost of Services:**

<b>Shampoo &amp; Styling</b>	
Shampoo Only	\$7
Shampoo & Style	\$23
Shampoo & Bl-Dry	\$12
Shampoo Bl-Dry & C. Iron	\$25
Recomb	\$12
Deep Conditioner	\$10
<b>Haircuts</b>	
Shampoo, Cut, & Style	\$39
Shampoo, Cut, & Bi-Dry/Iron	\$42
Haircut	\$18
Barber Cut	\$16
Beard Trim	\$10
Mustache Trim	\$8

Resident Salon Services is happy to announce that the salon will be re-opening on Thursday October 8. Initially we will only be providing haircuts/styles. Perms and colors will start after a few weeks.

As mandated by the Cosmetology Board of Michigan we are only allowed one resident in the salon at a time. Please stop by the reception desk to place your name on the sign-up sheet. On the day of your appointment we request that you don't come to the salon until your stylist calls you as there is no waiting area and you can't enter the salon until the prior guest has left and the salon is properly sanitized.

Please note that no one will be able to come in for a service without a mask on. You will also be required to sanitize your hands upon entering the salon.

These are challenging times for all, and we appreciate your patience and understanding as we work within these guidelines so that we may serve you in a safe environment. We would also like to announce that the prices have been slightly increased due to rising costs.

We look forward to seeing you at the salon!



Resident Salon Services

# PUMPKINS, SCARECROWS AND GHOSTS OH MY!

**The Village of Westland is having a fall porch/door decorating contest for the month of October.**

**Selected judges will judge porches and doors separately on October 23<sup>rd</sup>, 2020.**

**Get your creativity flowing. 1<sup>st</sup> prize in each category wins a \$50.00 gift card!**





## Absentee Ballots

**Absentee Ballots for the Presidential Election on November 3rd can be requested by filling out an application which can be obtained from the Social Worker, Kara. If you are already on the absentee permanent voter list you do not have to fill out another application. You should receive your ballot in the mail in the next few weeks.**

**Requests to have an absentee ballot mailed to you must be received by Westland City Clerk no later than 5 pm on Friday October 30th. After receiving your absentee ballot, you have until 8 p.m. on election day to complete the ballot and return it to the Westland City Clerk office (the address is listed below). As a reminder, the mail service has been running very slow, so the sooner you can get your ballot in the mail, the better chance it has to make it by election day.**

**Our Social Worker can help you fill out your ballot if needed. Please contact Kara at 734-762-8810 if you need help requesting absentee ballot or filling out the ballot once received.**

**Westland City Clerk  
36300 Warren Rd.  
Westland, MI 48185**





## **Village Victory Cup COVID Edition October 2020**

**We still have room for participants in the following Events:**

- **Banner Contest (New to 2020!)**
- **Hoop Shoot (Up to 15 participants)**
- **Wellness Walk (Up to 15 participants)**
- **Kick-a-Roo (Up to 15 participants)**

**Village Victory Cup will take place at the Village of Westland.**

**We will take the entire month of October to compete in these events, meaning we will have no more than two games per day.**

**If you have any questions and/or are interested in participating this year, please call Shana Brown at 734 -762-8886 or Ext. 28886.**



CELEBRATION

**Join us for**



CELEBRATION

# PVM's Virtual Un-Gala

**No tickets needed! • Come as you are!**

**November 19 at 5:30 p.m.**

Stay home and enjoy this unique celebration commemorating PVM's 75<sup>th</sup> year.

# Win \$5,000

Purchase raffle tickets for \$25 a piece.

**Your raffle ticket purchase will help fund PVM's COVID  
Emergency Help Fund.**

*The winning ticket will be pulled the night of the gala*

.To purchase tickets, call 248-281-2040. For more information, please visit <https://pvmfoundation.org>

# Halloween Word Scramble

Instructions: Unscramble the letters to discover the Halloween words.

b o o t e r c	— — — — — — —
s h o g t	— — — — —
n c a d y	— — — — —
s a k m	— — — —
c i k r t	— — — — —
k u p i n m p	— — — — — — —
r a t t e	— — — — —
r e s p d i	— — — — — —
y u m m m	— — — — —
t o s e u m c	— — — — — — —



**Answers on Page 13**





# Welcome To The Village!



## Residents:

Lois Lewis  
John Balmforth  
Rosemary Byle  
Maragret Drezzer

Giovanni Melissari  
Lauren Chiasson  
Missy Rennels

## Staff:



Dariann Norman  
Dining Services  
Assistant



Lashosha Tipton  
Dining Services  
Assistant



Kimani Wells  
Dining Services  
Assistant



# September Activities





# Happy Birthday to our Wonderful Residents...

## Residents with October Birthdays

Shirlan Deshazer.....	Oct 2 <sup>nd</sup>
Jerry Ramirez.....	Oct 3 <sup>rd</sup>
Rosemary Byle.....	Oct 4 <sup>th</sup>
Audrey Watson.....	Oct 7 <sup>th</sup>
Nancy Wolfe.....	Oct 8 <sup>th</sup>
Sandy Meyer.....	Oct 10 <sup>th</sup>
Ed Kerr.....	Oct 10 <sup>th</sup>
Adele Gniewek.....	Oct 11 <sup>th</sup>
Pat Thomas.....	Oct 14 <sup>th</sup>
JoAnne Kuehn.....	Oct 14 <sup>th</sup>
Frank Hett.....	Oct 22 <sup>nd</sup>
Nadine Burress.....	Oct 23 <sup>rd</sup>

### Halloween Word Scramble

#### Answer Key

b o o t e r c	October
s h o g t	ghost
n c a d y	candy
s a k m	mask
c i k r t	trick
k u p i n m p	pumpkin
r a t t e	treat
r e s p d i	spider
y u m m m	mummy
t o s e u m c	costume

## Presbyterian Villages of Michigan Mission Statement

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

## Office Numbers (734) 728-5222

### Village Staff

**Michele White – Ext. 28885**  
*Executive Director*

**Jason Lovelly – Ext. 28927**  
*Human Resources*

**Jan Smith – Ext. 23179**  
*Nurse Case Manager*

**Breana Wallace – Ext. 28896**  
*Marketing Manager*

**Shana Brown – Ext. 28886**  
*Wellness Manager*

**Kara Otto – Ext. 28810**  
*Social Worker*

**Shari Thompson – Ext. 28952**  
*Billing*

**Ed Fletcher – Ext. 28890**  
*Environmental Service Manager*

**Chris Spurbeck – Ext. 28849**  
*Dietary Manager*

### EMERGENCY NUMBER

(734) 728-5222



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan at **248-281-2040** or visit [www.pvm.org](http://www.pvm.org)



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