The Village of Holly Woodlands

# 📲 Village Herald 👫

# **Embrace the possibilities**

3325 Grange Hall Road Holly, Michigan 48442 • www.pvm.org

JANUARY 2019

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🙀 A Mission of Presbyterian Villages of Michigan

# Look for PVM on:



## VILLAGE ADMINISTRATOR

HAPPY NEW YEAR!!!!!!

I hope everyone enjoyed their Christmas and is looking forward to a New Year. The New Year is a time that we all make resolutions. Have you made yours yet? Most of the time we make resolutions and by March we do not even remember what they were. Try making achievable goals for each month.

If you missed the holiday party, you really missed out. We had great food and the choir gave a great performance. Thank you to all that helped with the set up and clean up. It makes it easier when we all work together.

Thank you to all who filled our offices with the goodies, cards and thoughts. The staff enjoyed and appreciated them all. It is always fun to share the cookies, candy and chocolate.

Please remember to be careful when going outside. Winter is here and the maintenance staff tries very hard to keep the sidewalks clear. If you see any ice on the walks or notice the salt buckets need to be filled, please call the office so we can take care of it.

Our Resident/ Administrator meeting will be held on January 28<sup>th</sup> at 1:30 at the Circle. Please come out and discuss how we can make Holly Woodlands a better place. Your input is always so helpful.

**Deanna Coggins** 

Administrator



#### **Smart Home Setup**

Improving safety and comfort with smart home and IoT (Internet of Things) technology

#### Introduction

The Internet of Things, or IoT, is a category of new technologies that have experienced significant growth in the consumer market over the last several. They are generally small, intelligent, and networked devices that integrate with otherwise non-digital items. Smart watches, IP security cameras, and self-driving cars all fall under this general category, as they bring everyday objects "online". Smart home technology is the application of IoT devices to improving the comfort, convenience, and safety of the user's home. The smart home configuration outlined below is an example of a simple setup that will demonstrate the uses of these technologies in apartment and senior living.

#### Devices

Amazon Echo Show (\$180): voice and touch controlled smart home hub with a tablet-like screen that serves as the command center of the smart home

- Amazon Echo Dot (\$40): small voice controlled home assistant, and can be used in conjunction with the Echo Show
- Amazon Fire TV Stick (\$40): turns any TV into a Smart TV, allowing the user to play videos and music from the internet through their TV
- Amazon Cloud Cam (\$100): cloud-based security camera that can be used to check in on one's home from anywhere with an internet connection
- Lifx Mini Light Bulb (\$30): smart light bulb that can turn, turn off, or be dimmed through voice control

#### **Practical Uses**

While smart home technology can be used for a wide range of tasks, the lists below highlight a few of the most common, and in particular those that will be most useful in a senior living setting.

- Voice control from anywhere in the home
- Cast Netflix, Hulu, Spotify or other streaming music and video services to home TV
- Set lighting schedules to suite time of day (e.g. lights on in the morning, dimmed lights at night)
- Easily set timers, make list, or set recurring alarms
- On demand news and weather, delivered by the home assistant
- Hands free, voice-activated video and voice calling
- Monitor home remotely with access to IP security camera

#### Conclusion

IOT (Internet of Things) technology is modular by design, so any initial setups could easily be scaled up or down to meeting future needs.

SKATING SKIING	SLIDPERY	SNOWBALL	SNOWBLOWER	SNOWMAN	SNOWMOBILE	STORM	WHITE					
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#### **SERVICES OFFERED**

**Community Supplemental Food Program (CSFP)**: Last Tuesday of every month at the Wellness Center 9 am-11 am

Bible Study: First & Third Tuesday's @10:00 2<sup>nd</sup> floor lounge.

Bible Enrichment: Second & Fourth Tuesday's @ 10am 2nd Floor Lounge.

Beauty Salon: Third floor of the Manor.

Please call Sally @ 248-534-5641 to schedule an appointment.

**BIRTHDAY LIST JANET MACARTHUR 1-1 TINA BATCHELDER 1-1** MARIE WRIGHT 1-2 **JANETT MATHEWSON 1-3 DARLENE HAREMZA 1-3 ERNEST SARVER 1-7 ALFRED WESTON 1-12 RICKY PRESTON 1-14** LORRAINE HAINES 1-16 **JOAN HINDMARSH 1-20** PHILIP HENRY 1-26 **MARGARET THOMAS 1-29 MARJORIE BRANNAM 1-30** STAFF **KRISTIN GRIER 1-9** 



#### <u>Medicare & You</u> Grand Care Home Health Care presents Medicare and You! A discussion focusing on Medicare benefits, skilled care, and free services available.



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
		I Office Closed	2 Vgs 9:30 Carpenter Church Free Bread 1pm Choir 2pm	3 Chair Exercise @ Wellness Center 10am Wii Bowling 1pm Balloon Volleyball 1pm Bingo 6:45	4 Medicare & You Ipm Chair Exercise 9am	5
6 Church 6:00	7 Dollar Tree 10am Pictionary 1:30pm Chair Exercise 9am	8 Lunch Sale 11am Euchre 1pm Wii Bowling 1pm Bingo 6:45	9 Walmart Fenton 9:30 Choir 2pm Chair Yoga 6pm	10 Chair Exercise @ Wellness Center 10am Wii Bowling 1pm Bus Service 9-2 Bingo 6:45	11 Guess Who Luncheon Noon Chair Exercise 9am	12 Prayer 6:00
13 Church 6:00	14 Chair Exercise 9am Goodwill Holly 10am Mexican Train 1:30pm	15 Bible Study 10am Euchre 1pm Wii Bowling 1pm River Church Clothing Closet 1pm Bingo 6:45	16 Kroger 9am Neighbor to Neigh- bor 12:30 Choir 2:30pm Chair Yoga 6pm	17 Chair Exercise @ Wellness Center 10am Balloon Volleyball 1:30 Wii Bowling 1pm Bingo 6:45	18 Potluck Noon The Support Group at Wellness Center 2pm Chair Exercise 9am	19
20 Church 6:00	21 Office Closed Chair Exercise 9am MARTIN LUTHER KING JR	22 Bible Enrichment 10am Euchre 1pm Wii Bowling 1pm Bingo 6:45	23 Walmart Grand Blanc 9:30 National Pie Day Ipm Choir 2pm Chair Yoga 6pm	24 Chair Exercise @ Wellness Center 10am Wii Bowling 1pm Bus Service 9-3 Bingo 6:45	25 Winter Wonderland Bingo Ipm Exercise 9am	26
27 Church 6:00	28 Michaels & Burger King 10:30 Resident\ Administrator Meeting Circle 1:30pm Blood Pressure 1pm Chair Exercise 9am	29 CSFP Distribution 9-11 at the Wellness Center Bible Enrichment 10am Wii Bowling 1pm Euchre 1pm Bingo 6:45	30 Meijer Heartland 9:30 Choir 2pm Chair Yoga 6pm	31 Chair Exercise @ Wellness Center 10am Wii Bowling 1pm		

Presbyterian Villages of Michigan Mission Statement

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

### **Village Staff**

Deanna Coggins Administrator

Kristin Grier Administrative Assistant

Cassie Roberts Activity Coordinator

Mandy Sly Service Coordinator

**Derek Elkins** *Maintenance Supervisor* 

Fax Number 248-634-8417

**EMERGENCY NUMBER 248-534-8263** 

James Powers *Maintenance Technician* 

**Bob Woolley** Maintenance Technician

Rene Powell Housekeeping

**Dottie Reed** Receptionist





#### Office Phone Number 248-634-0592

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A SENIOR LIVING COMMUNITY

🙀 A Mission of Presbyterian Villages of Michigan

Holly Woodlands Board Members Kent Barnes Reisa Hamilton Pauline Kenner Mary Lloyd Dale Smith Sally Swayne William Walters

**Embrace the possibilities** 

**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan at **248-281-2040** or visit **www.pvm.org**