The Village of Sage Grove



# **Embrace the possibilities**

214 S. Sage Street • Kalamazoo, Michigan 49006 • www.pvm.org

August 2015

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The Village of Sage Grove A SENIOR LIVING COMMUNITY







Residents, Friends, Family, Staff & Board Members – July 30, 2015 Donor Thank You Celebration

### "Thank you! We couldn't do what we do with you!!"

2013-2014 Project completed: Pave Service Road 2015 Project completed: Campus beautification – Village improvements



## Announcements

#### **Community Room Events**

- ✤ August 2<sup>nd</sup> Birthday Celebration – 5:30pm
- August 4<sup>th</sup> –
  VVC Award presentation –
  Tom Wyllie (Home Office)
   1:30pm
- ✤ August 5<sup>th</sup> Commodities Pick-up
- August 3<sup>rd</sup> & 17<sup>th</sup> Bible Study Group Meets 4:00 – 5:00pm
- August 8<sup>th</sup>
  Resident Luncheon
  12:00pm in cm. rm.
- August 20<sup>th</sup> Sage Grove Board meeting 9:30 – 11:00am Comm. Rm. Closed
- August 20<sup>th</sup> Bingo with Life EMS – 3:00pm
- August 12<sup>th</sup> Legal Aid Presentation 1:00pm
- August 18<sup>th</sup> Soldano Chiropractic Presentation 1:00 pm
- August 31<sup>st</sup> Activities planning committee meeting – 10:00am – All Welcome!!
- Game Day Friday's at 3:00pm

See Calendar for more events



### Save the Date: Annual PVM Foundation Gala on November 13th!



When: Friday, November 13, 20155:30 p.m. Sponsor & Patron VIP Pre-Reception6:30 p.m. General Cocktail Reception & Raffle7:30 p.m. Dinner, Program & Entertainment

Where: COBO Center, 1 Washington Boulevard, Detroit, Michigan 48226

Cost: \$250 Individual Ticket\* includes General Cocktail Reception, Dinner & Program \$375 Patron Ticket\* includes Private VIP Pre-Reception, Prime Seating at Dinner & Program (\*Estimated Fair Market Value: \$125/ticket)

PVM employees can purchase tickets through payroll deduction (form is due no later than October 15). For more information, please contact us at 248-281-2040 or <u>pvmfoundation@pvm.org</u>, or visit the "Events" page at <u>pvmfoundation.org</u>.

Thank you for supporting PVM residents and I hope to see you on November 13th!

Warm regards, Paul J. Miller, CFRE





## It's Your Life. Live It Well.

By Tom Wyllie, Director of Wellness

#### Hail to the Victors!

On Friday, June 26th PVM residents from across southeast Michigan converged in Pontiac to participate in the 10th Annual Village Victory Cup. The competition was fierce (but friendly) and there was a lot of spirit and energy displayed throughout the day. For the second year in a row the judges selected the Monarchs from the Village of Our Saviour's Manor as the winner of the Spirit Award. And for the second time in three years, the Stars from the Village of Westland captured the Village Victory Cup. Congratulations to the Monarchs and the Stars and to everyone who participated in this year's event. It was definitely one to remember.

And while the Villages in SE Michigan were battling for the Village Victory Cup, Villages located 100 or more miles from the PVM Home office battled for the Virtual Village Victory Cup. This year a record 66 residents from 7 Villages participated in the 5th annual rendition of this event. When the final scores were tallied the Bizzy-B's from the Village of Spring Meadows II emerged victorious. The Spring Chickens from the Village of Spring Meadows I captured the Spirit Award.

Though the dust has barely settled on this year's event, it's already time to mark your calendar for next year. The date of the 2016 Village Victory Cup is Friday, June 24th. Hope to see you there!



The Monarchs!

The Stars!

The Bizzy-B's!

The Spring Chickens!

### Service Coordinator's Corner: Rebecca Ogrodowski

This month's article is about resources. I have found many new services and agencies, along with some familiar ones. I print an updated list and post it on the corkboard by the SC office from time to time.

2-1-1 is the be all for referrals. They can provide information over the phone, in print, and on the internet. Almost anything you want to know about can be found there. I have promotional material in the office.

Senior Services' *Best of Care* book is another great source for local providers. They update their listings regularly. The book is free. If you would like a copy, let me know.

If you are looking for help with getting food, Loaves and Fishes can enroll you a program that allows people to collect free groceries at a nearby church. They also have communal meal sites (requiring a phone call to arrange the details).

MMAP (Michigan Medicare Medicaid Assistance Program) is a free, state program for people with questions about those two insurers. MMAP has experience with MI Health Link and the details about how it works. You can call them at 1.800.803.7174. Their office is at Senior Services.

I have been researching agencies that could help with paying for hearing aids. Medicare will cover the cost of office services, but not the actual devices. I found the Better Hearing Institute, which prints a guide to finding financial assistance. The guide has information about many agencies that could help you to solve this problem.

There are many, many more possibilities out there.

#### **Upcoming Presentations**

Legal Aid of Western Michigan will share information about their services, "free legal assistance to low income persons and Seniors in non-criminal, non-fee generating matters" on Wednesday August 12, 2015 at 1pm.

Soldano Family Chiropractic Center's Dr. Tiffany will talk about Health Awareness on Tuesday August 18 at 1pm.

I am working with Walgreens to have a flu shot clinic at the end of September or early October. Nothing definite is available yet.

Rebecca Ogrodowskí, LLMSW Service Coordinator Continued from page 2

### Announcements Continued

- 1<sup>st</sup> Sunday of the Month –
  5:30pm Birthday
  Celebration for all who have birthday's during the month
- Last Monday of the month, Activity Planning Committee meet @10am – All are welcome to attend.
- Last Saturday every other month "Give away day" and Social Gathering – 10am – 12:00pm ... Next give away day will be September 26<sup>th</sup>
- Movie Matinee 1:30pm Tuesday – August 4<sup>th</sup> Wednesday – August 19<sup>th</sup>
- Loaves and Fishes Delivery of Produce & Baked goods from Meijer Shopping Center & other local stores.
   Deliveries are at random. All residents are welcome to what we receive, on a 1<sup>st</sup> come 1<sup>st</sup> serve basis.
- Wal-Mart Bus Every Monday – Pick-up is at 12:15pm

## **Birthday Celebration!**

Marilyn H	August	15 <sup>th</sup>
Pete D	August	17 <sup>th</sup>
Carol L	August	21 <sup>st</sup>
Esther P	August	26 <sup>th</sup>

We wish all who have August Birthday's a Fantabulous Day and a Blessed Year!!!



### Administrator Column

*Village happenings* – *Please remember to check out the Announcement, Community Room Events and Calendar sections of this newsletter.* 

**Thank you everyone** who came out for our **"Donor Thank You Celebration"** on July 30<sup>th</sup> from 2-4pm here at Sage Grove. Thank you board members: Kim Middleton Jose Santamaria, & Judy Sivak. We had a beautiful day, not too warm with a wonderful breeze perfect for enjoying the outdoors. Residents and guests toured the campus to see how the power of donations can help change the lives of so many. We truly could not do what we do without YOU!

**Thank you** to Anthony V. and Earl, for supplying the entertainment of live music with their band. The music was wonderful, some danced while others visited and enjoyed the afternoon. ... A good time was had by all.

**Congratulations** to our VVC (virtual victory cup) award winners: **Mary Ellen Bly**, **Cheryl Darner & Ann Main**, who competed in the "Puzzler" event and took **3<sup>rd</sup> Place**, each receiving a medal from PVM

Director of Wellness – Tom Wyllie. **Woo Hoo ... way to go Ladies!!** ... **"Thank you, Tom"** for making the trip to present the awards in person. I'm hoping next year we will be participating in more than (1) event and you'll have a lot more medals to bring our way.

Walking club reminder ... I hope you're keeping track of your laps so we can total everyone's miles at the end of summer. It will be fun to see how far the total miles will lead to. Date and time for walking club luncheon TBA soon, watch for flyer with details. ...

Walking is good ... Walking is great In the morning or in the late It's a walk, not a run I do it for me, I do it for fun I take my time, I enjoy the view If you see me out there, you can come too...

by: plh

**Repeat note:** If anyone would like to take over the "Malawi Project" mailing the empty plastic medicine bottles, Deanna H. would be happy to pass on the mailing part of this project. Please see Paula in the office for more information and the mailing address. ...

Paula Hager

## August 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Birthday Celebration 5:30pm in Comm. Rm	3 Bible Study Group 4 - 5pm	4 VVC Award presentation – 1:30pm with Tom Wyllie  Movie Matinee following	5 Commodities pick-up for those enrolled	6	7 Walking Club 9:30am – ALL WELCOME Game Day 3:00pm in Cm. Rm	8 Resident Iuncheon 12:00pm in Cm Rm
9	10	11	12 Legal Aid Presentation 1:00pm in Cm. Rm	13	14 Walking Club 9:30am Game Day 3:00pm in Cm. Rm	15 Crafts with Danielle 10am-12p in Cm Rm
16	17 Bible Study Group 4 - 5pm	18 Soldano Chiropractic Presentation 1:00pm in Cm. Rm	19 Movie Matinee 1:30pm – "You pick the movie"	20 Sage Grove Board Mtg. 9:30 – 11:00a  "Bingo" Life EMS – 3:00p in Cm Rm	21 Walking Club 9:30am Game Day 3:00pm in Cm. Rm	22
23	24	25	26	27	28 Walking Club 9:30am Game Day 3:00pm in Cm. Rm	29
30	31 Resident Activity Meeting 10:00am – All are Welcome			Walmart Bus <u>EVERY</u> <u>Monday</u> Pickup @ 12:15pm Main entrance	<u>Note:</u> <i>"Friday's"</i> Walking Club meets at 9:30am	

Presbyterian Villages of Michigan Mission Statement

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

## **Office Numbers**

### Phone: (269) 567-3300 Fax: (269) 381-6733

#### **Village Staff**

Paula Hager Administrator

#### Rebecca Ogrodowski

Service Coordinator Monday – Thursday – Phone: (269)382-9910 10am – 3pm

Joseph King Maintenance Technician

### www.pvm.org

### MAINTENANCE EMERGENCY NUMBER: (269) 615-3804





**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation.org



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