



# Voice of Hillside



## Embrace the possibilities

311 West Main St • Harbor Springs, Michigan 49740 • [www.pvm.org](http://www.pvm.org)

May 2016

### Featured Articles

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April showers bring May flowers...but here in Northern Michigan we know that April snow showers could bring May flowers! Spring is always a whiplash for weather, but spring always comes in the end and it is almost always a surprise with how fast it springs.

It means a rush as we scramble to get spring clean-up projects done, beds weeded, flowers planted; but, we are well on our way with spring planning at both campus'. Things might take a bit longer with grounds at Hillside as we roll into the last months of construction – but Martha is working on getting the building itself cleaned up and spruced up and we have a wonderful resident (thank you Kathleen!) who is taking on our raised garden beds. If you have suggestions or requests for the garden, just let Martha know in the office.

At Perry, we are working on getting the front beds around the Perry Center re-done this spring/summer and finishing up our trim board repairs/replacement project. We have also moved into implementation on the upgrade of our call button/pull station system and hope to have that work finished up by the end of June.

I want to throw out a huge thank you to everyone who donated for Friends & Family this year. We had wonderful response for both properties and I am excited about seeing those projects outcomes and the improvements those donations make for everyone's lives. I look forward to hanging out on our new patio at Hillside and under a new canopy on the patio at Perry!

We have so many exciting projects in the hopper for us here in the northlands – be on the lookout for some great announcements in the coming months!

*Mary Catherine*



The Village of  
**Hillside**

A SENIOR LIVING COMMUNITY

Look for PVM on:





Spring is here so that means CLEAN UP! I am not OCD, at least I don't think I am but I do like things in their places so what do you say to a little sprucing up of Building D and getting rid of some clutter. Am I making you nervous yet?

We will be moving the book shelves back into the library and thinning out some books so if you have a favorite or two grab it for the month of May and hold onto it in your apartment. Same goes for the puzzles, games, the beautiful cup and saucer that are on display in the community room (will the owner gently take it home). Please take your treasures into your homes while we are de-cluttering our communal places and making them shine for everyone in the community. And please always come to me if you are feeling uneasy about the changes I am proposing and we can talk about it. I am open to listening to your thoughts and feelings, always.

We are scheduled May 2nd for power washing and window washing. So remember to close your windows on Monday morning or Sunday night depending if you are an early bird or a night owl.

Let's celebrate this new season of growth and renewal at the Village of Hillside. *Martha*

Summer is around the corner and for the residents in Buildings A, B and C, you might be wondering about clothes and accessories for the season. We have an opportunity if you want to get into the storage units to get some of your summer wear out either May 4, 5 or 6. Sign up is a must and you will need to have one of Jeanne's crew or myself with you. Please call the office ASAP to reserve a spot on one of those days. I am sure they will fill up fast. If those dates don't work for you please let me know. 526-7108 Martha Cook



### Happenings at Hillside and beyond

Resident Council Meeting, May 5,  
Thursday All Welcome.  
1:00 pm Building D

Bingo, May 14, Saturday 1:00 pm  
Building D

May 18<sup>th</sup>, Wednesday, Perry/ Hillside  
Shopping Day

Potluck , May 21, Saturday, 4:00 pm  
Building D. Games and Prizes. Bring a  
dish to pass or a donation for meat.

May 26, Thursday Attorney General's  
presentation on "scams" 11:00 Perry  
Farm Village. Pick up at 10:30. Let the  
office know if you want a ride.

Bingo, May 28, Saturday 1:00 pm  
Building D



From Kenda’s desk.....

Well, it’s sort-of spring! There isn’t a whole lot to report that is new. We are still climbing the mountain, so to speak, watching the new building become more of a reality each day. I would like to take this opportunity to thank all of you for your patience throughout this journey; we all need the support of one another to keep on keeping on! In lieu of any other pertinent information, I’ve included a fun fact and a short giggle for you all. As always, you’re more than welcome to stop in to the office anytime! Have a great May!

Fun Fact: Winston Churchill was born during a ball, in a ladies restroom.

“It’s so cold outside, I saw a politician with his hands in his own pockets.” 😊



MAY Birthdays!

Individuals born in the month of May are extremely understanding, resolute and enthusiastic. Their physical attractiveness coupled with their mental strength makes them absolutely irresistible. Extremely hardworking and always on the move, these people always keep themselves occupied with something or the other and detest wasting time. As charming as these May-borns are, they always claim the attention of almost everybody around them and their oratory skills make sure that the attention stays. Zealous and energetic, not only do they exhibit a keen interest in arts, music and literature, but they also tend to have an imaginative bent of mind.

Kathy Shagonaby  
Greta Moyer

May 6  
May 10

Greg Borgman  
Lois Manville

May 9  
May 23

Other famous May birthday people:

Benny Goodman, George Clooney, George Strait, Alexander Pope, Hubert Humprey, Ian McKellen and James Stewart





### Game On!

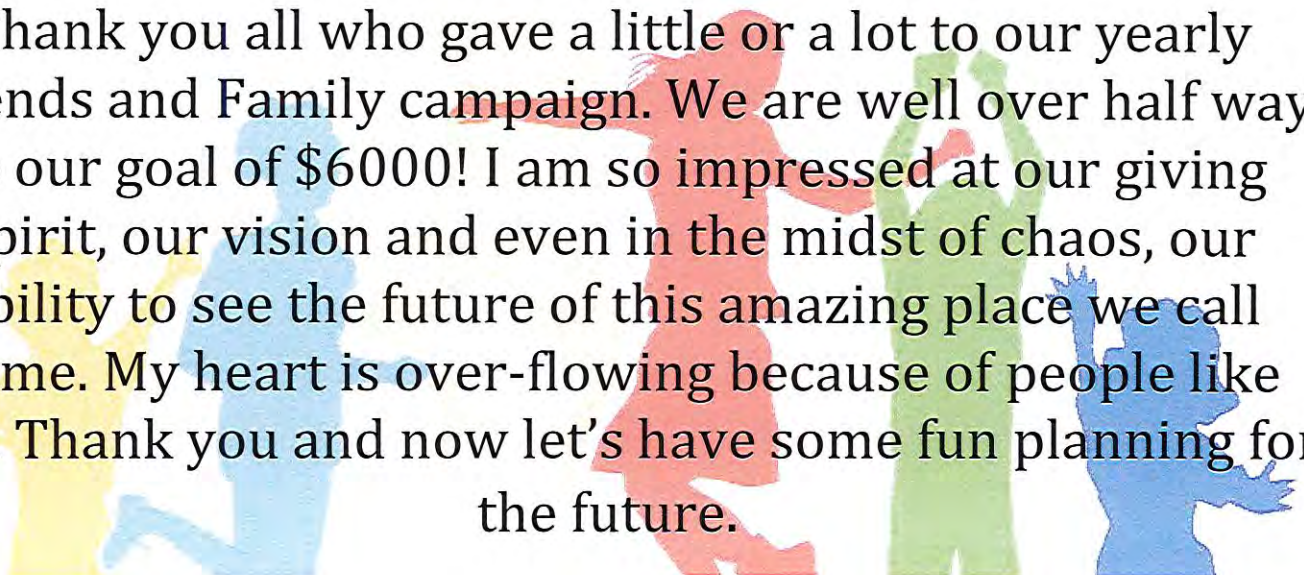
Don't look now, but June is just around the corner and you know what that means. The 11<sup>th</sup> Annual Village Victory Cup will soon be here. Scheduled for Friday, June 24<sup>th</sup> it will once again be held at Ultimate Soccer Arenas in Pontiac, just south of the Village of Oakland Woods. Word on the street is that several Villages have been practicing for quite some time now. They've been testing out their best paper airplane designs; trying out new cookie recipes; wearing down the carpet in the hallways with all the walking they've been doing; putting puzzles together faster than ever before; hitting the bull's-eye more often than not with their beanbag tossing; and doing their best Michael Jordan imitation shooting baskets. We've also heard that several Villages have their eyes set on taking home the coveted Spirit Award this year.

Will the Village of Westland successfully defend their title and capture the Victory Cup for the third time in four years? Will the Village of Our Saviour's Manor win the Spirit Award an unprecedented three years in a row? You never know. But one thing we do know is that there will be plenty of action June 24<sup>th</sup> at Ultimate Soccer Arenas. If you haven't already done so, to be part of the action contact your Administrator. The deadline for Villages to sign up is June 10<sup>th</sup>.

*For Villages located 100 miles or further from the PVM Home Office we will once again be conducting the Virtual Village Victory Cup. Contact your Administrator for details.*

## Friends and Family Campaign comes to a close!

Thank you all who gave a little or a lot to our yearly Friends and Family campaign. We are well over half way to our goal of \$6000! I am so impressed at our giving spirit, our vision and even in the midst of chaos, our ability to see the future of this amazing place we call home. My heart is over-flowing because of people like you. Thank you and now let's have some fun planning for the future.







We know these little creatures look really cute and they are very entertaining but PLEASE let them get mother nature's food and don't feed them ours. Where there are squirrels...raccoons are sure to follow.....along with other animals. So please don't feed the wildlife, other than the birds. *Thanks so much!*

As many are now aware – the new building delivery date is August 1<sup>st</sup>. We are looking at moving resident back into the building in the first two weeks of August. We continue to work with West Construction to see if any improvement in the timeline can be made, if we can make up for some days lost to weather. Construction is always working on dealing with the unexpected! Martha and Marsha will start setting appointments with dislocated residents to begin their application check-lists and start the unit selection process in the next couple of weeks. Martha will contact you to set up an appointment. The finishes have been set for all of the common areas in the building (hallways, entryways, reception, offices, common rooms, etc.) and we are working on finalizing a few things for the units. I am now working on office furniture, working with the FC on tables/chairs, etc., for their space and beginning the move-back planning process. I am also hoping to see a finalized landscaping plan shortly! If you have any questions – please feel free to contact myself or Martha in the office.

Mary Catherine



Resident surveys are being sent out in May. We will also have copies in the office.





## Attention Crafters!

We are looking for people who are interested in doing some arts and crafts in the fall. We are looking for people with ideas who would be willing to teach a class. We are looking for participants. We are looking for people who want to watch and see what's happening and might want to join us! In other words EVERYONE! Please stop by the office where there will be a sign up sheet for interested people so we can contact you in the fall. Get your supplies ready!!!!!!!!!!

How about taking monthly or quarterly turns being a librarian? We have so many wonderful books with more coming and we need to have someone to put the returning books back and straighten up the remaining ones. How about a rotating librarian? Let me know your thoughts on how this could work. I would love to get some books on tape as well, movies too? Endless possibilities!



**MISSING**  
**1977 Harbor Springs**  
**yearbook.**  
**GREAT sentimental value.**  
**Please turn into the office.**

Look for more information at the end of May for a barbecue out at the Birchwood Inn for all residents. Give me suggestions on what kind of meat you would like to have grilled. How much you would be willing to pay per person. Potluck or everything furnished? Please do not suggest a whole pig, I am not up to that yet!

*Martha*



**These were the bars that were served at the Resident Meetings in April.**

## Chocolate Revel Bars

- 1 cup butter/margarine softened
- 2 ½ cups all purpose flour
- 2 cups brown sugar
- 2 eggs
- 4 t. vanilla
- 1 t. baking soda
- 3 cups quick cooking oats
- 1 ½ cups semisweet chocolate chips
- 1 ¼ cups sweetened condensed milk
- 2 TBSN butter
- ½ cup chopped walnuts (optional)

In a large bowl mix butter with beaters for 30 seconds. Add half of the flour all the brown sugar, egg, **and 2 teaspoons of vanilla** and baking soda. Beat on low speed until well mixed. Beat in remaining flour. Stir in oats. In sauce pan melt chocolate chips, sweetened milk, and 2 TBSN butter over low heat. Remove-stir in remaining vanilla and nuts. Pat 2/3rds of oat mixture into bottom of ungreased 15x10 pan. Spread chocolate mixture over oat mixture. Dot with remaining oat mixture. Bake a 350 for about 25 minutes or until top is golden brown Chocolate mixture will look moist. Cool on wire rack, cut into bars.

The Manifesto Against Ageism is Here *by Kavan Peterson*

*Excerpt here*

A growing body of evidence shows that attitudes towards aging have an actual, measurable, physical effect on how we age. There's no inherent reason for the effect to be negative. But an ageist culture tells us that wrinkles are ugly. Old people are incompetent. It's sad to be old. When we assimilate these stereotypes, they become part of our identity, and this influences how our brains and bodies function.

**People with more positive feelings about aging behave differently from those convinced that growing old means becoming irrelevant or pathetic. They do better on memory tests and have better handwriting. They can walk faster and are more likely to recover fully from severe disability. And they actually live longer—an average of seven and a half years. Everyone agrees that health has the biggest effect on how we age—and how much it costs. So think what a national anti-ageism campaign would do to extend not just the lifespan but the “healthspan” of all Americans.**



Presbyterian Villages  
of Michigan  
Mission Statement

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)



## Office Numbers

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### Village Staff

**Mary Catherine Hannah**  
*Executive Director*

**Frank Smith**  
*Main. Lead Tech.*

**Martha Cook**  
*Administrator*

**Jon Terrian**  
*Maintenance Tech*

**Kenda Deschermeier**  
*Services Coordinator*

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**EMERGENCY NUMBER** *Mary Catherine Hannah* (231)330-6886

**Additional Number** *Jon Terrian* (231)622-2342




**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit **[www.pvmfoundation.org](http://www.pvmfoundation.org)**



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A SENIOR LIVING COMMUNITY

 A Mission of Presbyterian Villages of Michigan

311 West Main St.  
Harbor Springs, MI 49740

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# May 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2 <i>Exercise 3:30-4</i>	3 2:00 Bible study cancelled today Beauty Salon	4 <i>Exercise 3:30-4</i> Donuts Library Books	5 Resident Council meeting 1:00 pm Bldg D	6  Kathy Shagonaby B-day	7
8 <i>Happy Mother's Day!</i> 	9 <i>Exercise 3:30-4</i> Greg Borgman B-day	10 2:00 Bible study Greta Moyer B-day Beauty Salon	11 <i>Exercise 3:30-4</i>	12 Resident meeting 12:00 at Birchwood Inn. 2:00 Bldg D	13	14 Bingo 1:00 Bldg D
15	16 <i>Exercise 3:30-4</i>	17 2:00 Bible study Beauty Salon	18 <i>Exercise 3:30-4</i> Donuts Library Books Hillside/perry shop day Schwan's	19	20 	21 Potluck 4:00 Bring a dish to pass. Bldg D
22 	23 <i>Exercise 3:30-4</i> Lois Manville B-day	24 2:00 Bible study Beauty Salon	25 <i>Exercise 3:30-4</i>	26	27	28 Bingo 1:00 Bldg D
29 	30 Office CLOSED	31 2:00 Bible study Beauty Salon	<p><i>Thank you for your service ...</i></p> <p><i>You will always be remembered!</i></p>			