



The Village of Brush Park Manor

PARK VALLEY NOTES



2900 Brush St. • Detroit, Michigan 48201 • www.pvm.org

May 2015

Featured Articles

Village Administrator pg. 1

What's Happening pg. 2

Giving Matters pg. 3

It's Your Life Live it Well pg. 4

The Senior Advocate pg. 5

Birthdays pg. 6

Calendar pg. 7

What's Happening in

Detroit pg. 8

Word Search pg. 9

Village Administrator

Thank you to all who contributed to the Friends and Family campaign that includes residents, family members and Brush Park Manor Board Members. We surpassed our goal of \$600.00 for the new television to be located in the exercise/card room. We will have to think of something we could use or want for the building with the extra funds. Again, thanks for all your generosity.

The Pearl Reynolds tenth annual Prayer Breakfast will be held on May 16th in the E. Kern Tomlin Community Room at Brush Park Manor. For those who may want to attend please check with one of the committee members for a ticket. Ticket price this year is \$7.50. We look forward to another wonderful event with food and fellowship. This year's guest speaker will be the Reverend Yolanda Eddins, Family of Faith Church. The breakfast will be catered and served by Ross Catering service one of the best in Detroit. Tickets are going fast so we do hope that you can join us again for this marvelous event.

I think Spring has finally arrived. So please, if you can endure as we move forward in having carpets and furniture cleaned along painting as we do each year in helping to keep Brush Park Manor remain beautiful the entire staff says THANK YOU.

I understand the baby shower at Henry Ford Hospital was a huge success by all the residents who were in attendance along with Henry Ford staff. It was so wonderful for them to recognize Mrs. Emily Love former resident who led this annual event. The family was so proud to be made aware of her being recognized and was so pleased to receive the beautiful framed pictures of her. We look forward to next year's baby shower which I know will continue to be outstanding.

Remember the last three Matter of Balance classes will end this month. Thank you to all those who have participated and a big thank you to Mr. Massingille for his leadership in making sure that you stay as healthy as possible while living at Brush Park Manor. Also, blood pressures will be taken on May 11th from 12-5p,

"Friendship renders prosperity more brilliant, while it lightens Adversity by sharing and making its burden common."
Cicero

Look for PVM on:



Jannie Scott, Administrator

Meet the members of the Brush Park Birthday Club!



Left to right : Betty Roseboro, Eula Williams, Michael Carney, Dorothy Boyles, Mildred Everette, Florine Grice, Margaret Anderson,, Reliele Rogers, and Linnil Martin

These wonderful ladies have so graciously volunteered their time and formed a group to celebrate the birthdays of each resident at the Village of Brush Park Manor. The first birthday bash was held on April 3, 2015 and was a success!



Since we have quite a few residents who live at Brush Park, these ladies couldn't possibly have a party individually, so they've decided to host these parties quarterly throughout the year. The next birthday extravaganza will be on June 23rd, 2015 in the E. Kern Tomlin community room.

Laundry Room Etiquette

Please be courteous to your neighbors when utilizing the laundry facilities on the 2nd and 3rd floors. Please be attentive to your laundry to give a chance for someone else to utilize the machines.



Announcements

- ☞ Worship Service held every 1st Sunday and 5th at 4:00 pm in the Community Room. This service is open to all faiths; please feel free to invite your family and friends:
- ☞ 1st Sunday—Rev. Knox (Communion)
5th Sunday- Rev. Greenfield
- ☞ FOCUS HOPE delivers every 2nd Thursday. You can sign up too.(Craft Room.)
- ☞ Podiatrist Dr. Jeffery Levitt will be at Brush Park Manor on 5/ 8/ 2015 His signup sheet is on the board.
- ☞ Wal-Mart Shopping
May 7th, 14th, 21st, and 28th
pick-up 9:00am
- ☞ Shelton Tappes meets every second Monday at 2 pm.
All are welcome to join!
- ☞ AARP meets every second Friday at noon
All are welcome join !
- ☞ Exterminator will be at Brush Park every 3rd Thursday,
3rd floor
- ☞ Arts & Craft every Tuesday at 2pm in the Craft Room.
- ☞ Bingo every Wednesday at 1pm-3:30pm in the Craft Room.
- ☞ Enhance Fitness Program M-W-F 11:30 to 12:30pm in the Community Room. Please see calendar for location changes.
- ☞ Bible Study Rev. Knox (every Wednesday at 6pm) in the E. Kern Tomlin community room.



Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation

Grants Awarded to PVM Villages

Through the generosity of our many donors, the **PVM Foundation Grant Allocation Committee was able to award over \$73,000** so far this year to fund various Village projects and programs including:

- Funding to complete a Paved Service Road at **The Village of Sage Grove**
- Funding to complete the new Security Camera system at **The Village of Warren Glenn**
- Funding to complete the Gazebo at **The Village of Our Saviour's Manor**
- Funding for resident activities at **16 Villages**
- Community Living Room updates at **The Village of Rosebush Manor**
- Automated phone call system at **The Village of Springs Meadows**
- Signage replacement and updates at **The Village of Bethany Manor**

Projects like these and many others that are funded throughout the year are only possible through the support of donors, so **THANK YOU** for all you do for residents! If you have any questions about projects that the PVM Foundation funds, please call Avni Thomas at 248.281.2040.

Another event the PVM Foundation supports is the annual **Village Victory Cup**, being held on **Friday, June 26th** at the Ultimate Soccer Arenas in Pontiac. This senior Olympics-style competition brings nearly all the Villages together for a fun-filled and rewarding day. I hope to see each of you there competing or cheering on your teams!

If you have any questions or would like to share your thoughts, please contact me at 248-281-2040 or pvmfoundation@pvm.org. Thank you for all you do to support PVM!

Warm regards,
Paul J. Miller, CFRE

LEAVE A
Legacy
Ways to make
a Planned Gift

Support PVM during your
lifetime and beyond.

- › Make a bequest in your will
- › Start a Charitable Gift Annuity
- › Your Life Insurance Policy

CONTACT US TO LEARN MORE
Without obligation, PVM Foundation would like
to answer any questions you may have, call Paul Miller

Presbyterian
Villages
OF MICHIGAN

Announcements

The Men's Club
meets every
1st Monday
at
5:00 p.m.

*Please see Mr. Arthur Hill if
you are interested in joining.



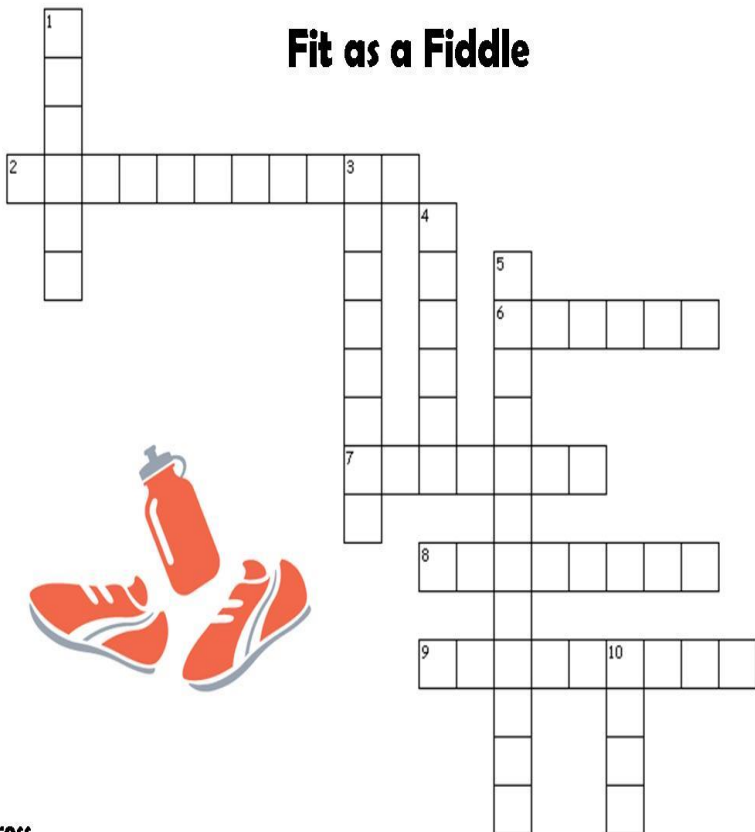
The resident
association
meetings are held
every fourth
Thursday at 4:30
p.m. in the E.
Kern Tomlin
community room.

Florine Grice, President
Thomas Jackson, Treasurer.



By Tom Wyllie,
Director of Wellness

Fit as a Fiddle



Across

- 2. Lace these up when you're about to head out for a run.
- 6. Exercise can give you this, which can help wake you up and help you stay positive throughout the day!
- 7. It's good to do this before being active, to loosen up those muscles!
- 8. This is an activity you can do in the water, and can be easy on the joints.
- 9. This is a machine that you can use to walk or run inside, and is great when the weather isn't permitting exercise.

Down

- 1. Grab one of these and have them come with you for a walk!
- 3. This is something you can do to keep your body healthy.
- 4. You should always speak with this person before becoming active.
- 5. This illness impacts the heart, and the risk of it can be reduced with exercise.
- 10. This is improved when you exercise, and leads to a more positive outlook.

Answers can be found in next week's newsletter!

Announcements

Please place all trash and rubbish in tightly closed bags before throwing down the trash chute. Sending open garbage down trash chute causes mice and other pest along with odors in maintenance area.

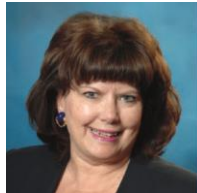
Rubbish must not be placed on floors in refuse rooms it must be thrown down the chute or if too large bring it down to the first floor refuse room.

Please help keep our laundry rooms clean by wiping off washers and dryers. Lint traps must be cleaned after each use. Other residents do not want to come in and clean behind you. If your clothes are left in the washing machines or dryers they will be disposed of within twenty-four hours.

Keep Refuse Doors Closed!

Deb's Dollar Store Plus will be at The Village of Brush Park every second Tuesday in the Craft room





The Senior Advocate.

By Lynn Alexander,
Vice President of Public Affairs

OLDER AMERICANS MONTH – 2015

May is Older Americans Month. The Administration on Aging denotes this celebration as a way to draw attention to acknowledge the past and present older persons in our country. This year's theme is "Get Into the Act". When Older Americans Month was established in 1963, only 17 million living Americans had reached their 65th birthday. About a third of older Americans lived their life in poverty; and there were few programs to meet their needs. Interest in older Americans and their concerns was growing. A meeting in April 1963 between President John F. Kennedy and members of the National Council of Senior Citizens led to designating May as "Senior Citizens Month", the prelude to "Older Americans Month".

Every President since Kennedy has issued a formal proclamation for Older Americans Month asking that the entire nation pay tribute in some way to older persons in their communities. This is celebrated across the country through ceremonies, events, fairs and other such activities. Each of us can do something to honor our older Americans. If you are a senior who is blessed with mobility and good health reach out to another senior friend or neighbor who may not be as fortunate as you. If you are a family member, neighbor or friend of a senior find some special way to let them know that you appreciate what they have done through defending us or building the communities which we all now enjoy. We owe a debt of gratitude to our older Americans. Please join me in saying

THANK YOU!

Announcements

**The Enhanced
Fitness group
meets every
Monday,
Wednesday, and
Friday.**



**Please see Mrs.
Charity Jackson**

Village Victory Cup 10th Anniversary

June 26th, 2015



May Birthdays

Barbara Needham 5/4
Michael Carney 5/11
Dorothy Bell 5/15
Diana Edwards 5/15
James Crook 5/15
Joan Grady 5/22
Mae Kate Jones 5/24
Warner McBryde 5/31

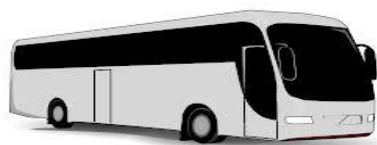


Harold Massingille
Service Coordinator
313-832-1576

The beauty salon is open Wednesday through Saturday. Please call and schedule your appointment today!

(313) 832-8804

WAL-MART



The Walmart bus leaves promptly at 8:50 a.m. If you would like to go shopping please be in the lobby every Thursday by 8:30 am.



Calendar

May 2015



SUN	MON	TUE	WED	THU	FRI	SAT
3 Visit your Church 4:00 p.m. Rev. Knox	4 Enhanced Fitness 11:30 am 	5 MATTER OF BALANCE 1-2:30 p.m.	6 Enhanced Fitness 11:30 am BINGO 1:00 p.m. Beauty Salon (By appointment)	7 WALMART 9:00 a.m. pick up FOCUS HOPE MATTER OF BALANCE 1-2:30 p.m.	8 Enhanced Fitness 11:30 am AARP 12:00 pm	9 Beauty Salon (By appointment) KAPPAS MEETING
10 Visit your Church Mother's Day 	11 Enhanced Fitness 11:30 am 	12 MATTER OF BALANCE 1-2:30 p.m.	13 Shelton Tappes Meeting 12:00 p.m. Enhanced Fitness 11:30 am BINGO 1:00 p.m.	14 WALMART 9:00 a.m. pick up MATTER OF BALANCE 1-2:30 p.m. Beauty Salon	15 Enhanced Fitness 11:30 am Beauty Salon (By appointment)	16 Beauty Salon (By appointment) Brush Park Prayer Breakfast 9:00 am
17 Visit your Church 	18 Enhanced Fitness 11:30 am 	19 Arts and Crafts 	20 Enhanced Fitness 11:30 am BINGO 1:00 p.m. Beauty Salon	21 WALMART 9:00 a.m. pick up Beauty Salon	22 Enhanced Fitness 11:30 am 	23 Beauty Salon (By appointment)
24 Visit your Church 	25 Memorial Day OFFICE CLOSED	26 Arts and Crafts 	27 Enhanced Fitness 11:30 am BINGO 1:00 p.m. Beauty Salon (By appointment)	28 WALMART 9:00 a.m. pick up Beauty Salon (By appointment)	29 Enhanced Fitness 11:30 am 	30 Beauty Salon (By appointment)
31 Visit your Church 4:00 p.m. Rev. Greenfield						

The Village of
Brush Park Manor
Paradise Valley
A SENIOR LIVING COMMUNITY

A Division of Presbyterian Village of Michigan

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 313-832-1576

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Diego Manning
 Harrison Mount
 313-832-9922

Ara Hunter
 Housekeeping

Willette Lamar
 Beauty Salon
 313-832-8804

Wednesday - Saturday

What's Happening In Detroit

NEW DEVELOPEMENT IS ON THE WAY!

The City of Detroit has finally announced a planned \$50 million renovation for the 51,780-square-foot Brewster Wheeler Recreation Center near downtown in the Brush Park Paradise Valley district. The redevelopment will be accompanied by a 100- to 150-unit apartment complex across the street from the Brewster facility where Joe Louis once trained.



The many activities there were once held in the Brewster Wheeler Recreation Center were swimming, dance and drama class and even boxing lessons. There was also a track for running.



FYI: The Harlem Globetrotters played their first tour game on Thanksgiving day in 193 at the Brewster Wheeler Rec center. It was the first time the team had played in a major city.

The Brush Park Paradise Valley District is known to have been the central part of the African American culture in Detroit from the 1920's through the 1950's.

Pictured below are a few of the homes that lined Edmund and Wilkins streets in the Brush Park neighborhood.



Seniors from The Village of Brush Park Manor and the community were all invited to hear the new plans for the center.

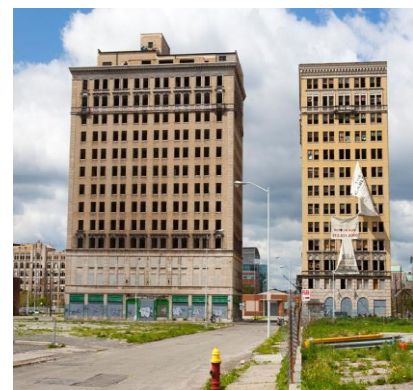


THE RED WINGS GET THE GREEN LIGHT ON THE NEW ARENA.

After weeks of delaying the construction of the new arena The Detroit City Council has voted and the plans for the new arena are underway. The arena is scheduled to open in 2017 on the corner of Woodward Ave. and

The reason for this delay was because Detroit city council members wanted to be certain that Olympia Development of Michigan would also renovate the historic Hotel Eddystone near the site of the where the new arena is planned to constructed.

The Ilitch organization strongly sought out the council's approval of the renovation of the vacant, former hotel in a rezoning package in exchange for Olympia's plan to demolish the old Hotel Park Avenue, a historic site adjacent to the Eddystone that is also vacant.



Word Search

Mother's Day Word Search

G L L O F B E F H C Z R Z L P
W N P J R P S X E A E E U U R
G M I U E T A L O C O H C F E
Z N N R Y W E D E L F T Z R S
A C I D U B E M O W Q O P E E
H L N V R T O L O N A M G D N
I A X A O S R H R H U G S N T
C I T L E L T U H Y W P G O L
Z E V W B G T E N O S V X W P
A B A F L O W E R S E S S I K

AWESOME
BRUNCH
CANDY
CELEBRATE
CHOCOLATE
FLOWERS
HUGS



JEWELRY
KISSES
LOVING
MOTHER
NURTURING
PRESENT
WONDERFUL

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Numbers 313-832-9922

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Del Diego Manning
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Harrison Mount
Maintenance

Ara Hunter
Housekeeper

EMERGENCY NUMBER

(313) 832-9922

FAX

(313) 832-8801



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org

**2900 Brush St.
Detroit, MI 48201**

The Village of Brush Park Manor Paradise Valley

Board Members:

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**John Gardner, Vice
Chair**
**James Bradford,
Treasurer**
**Elaine Hearn,
Secretary**
Dakima Jackson
Paul Johnson
Donald J. McSwain
Ellen Childs
**Gwendolyn
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