



The Village of Brush Park Manor

PARK VALLEY NOTES



2900 Brush St. • Detroit, Michigan 48201 • www.pvm.org

February 2016

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Village Administrator

As a reminder from last month's newsletter are you ready for the annual Black History Celebration to be held on February 15th? This is a wonderful event held each year chaired by Mrs. Charity Jackson and her committee who do such a wonderful job with having great speakers, food and fellowship. Please check the first floor bulletin board if you are interested in participating.

Please remember the Public Service Credit Union is here for your benefit if you are interested in opening an account with them not having to go out to the bank each month. Also, there are many other services they provide so please come down on the 3rd of each month to meet and discuss with the representatives any questions you may have regarding services.

Also, Ms. Barb Williams nursing instructor from Wayne State University is at Brush Park Manor twice a month taking blood pressures for all who are interested in this service or for questions you may have. Representatives for both of these services can be found in the library for your privacy.

Thank you to Mr. Massingille on his taking the lead in raising donations for the Flint Residents and a special thank you to all those who donated. He truly appreciates your generosity knowing that you are helping those in urgent need. I can truly say upon my opening Brush Park Manor in 2001 when called upon in support of helping others in severe need, former and present residents have always stepped up to the plate. I am so proud to have been and continue to be associated with such wonderful people.

I do hope that you are taking time to appreciate the information monitor located in the lobby that Ms. Reed-Hobbs updates weekly for not only residents but our visitors as well. It displays the weekly weather, welcome new residents, birthdays, and many other events at our building. Also, another new television has been installed in the craft room for you to enjoy Judge Judy. All this from last year's Friends and Family campaign which will begin again in April so is the time to think about what you would like to have for village .

Thank you to the Kappa Alpha Psi Fraternity Brothers for their wonderful Christmas Dinner which included a delicious meal, program and gifts for every resident. Please accept my sincerest apologies for not sending this sooner to your organization. And, they will be serving a king size breakfast on February 20 to all residents at Brush Park Manor. We will give the time when the information is forwarded to us. Again, thank you for the many years you have supported the residents at Brush Park Manor.

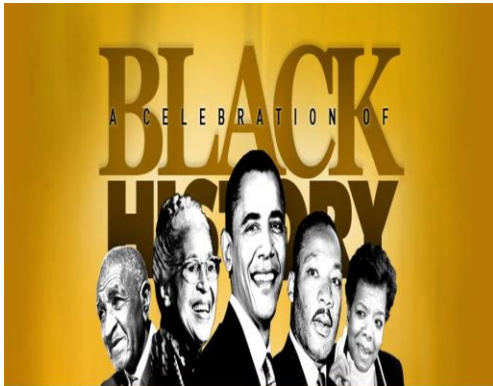
Look for PVM on:



There are no shortcuts to any place worth going.

Anonymous

Announcements



The Village of Brush Park Manor
Paradise Valley
Resident Association
Black History Celebration
Monday, February 15, 2016
12 Noon

***If you would like to make a donation
please see Mrs. Charity Jackson***

Laundry Room Etiquette

Please be courteous to your neighbors when utilizing the laundry facilities on the 2nd and 3rd floors. Please be attentive to your laundry to give a chance for someone else to utilize the machines.



Willetta Wright

Announcements

- ☞ Worship Service held every 1st Sunday and 5th at 4:00 pm in the Community Room. This service is open to all faiths; please feel free to invite your family and friends:
- ☞ 1st Sunday—Rev. Knox (Communion)
5th Sunday- Rev. Greenfield
- ☞ FOCUS HOPE delivers every 2nd Thursday. You can sign up too. (Craft Room.)
- ☞ Wal-Mart Shopping February 4th, 11th, 18th, and 25th
Pick-up 8:30 am
- ☞ Shelton Tappes meets every second Wednesday at 12:00 p.m.
All are welcome to join!
- ☞ AARP meets every second Friday at 12:00 p.m.
All are welcome to join !
- ☞ Exterminator at Brush Park every 3rd Thursday,

3rd floor
- ☞ Arts & Craft every Tuesday at 2pm in the Craft Room.
- ☞ Bingo every Wednesday at 1pm-3:30pm in the Craft Room.
- ☞ Enhance Fitness Program M-W-F 11:30 to 12:30pm in the Community Room. Please see calendar for location changes.
- ☞ Bible Study Rev. Knox (every Wednesday at 6pm) in the E. Kern Tomlin community room.

Happy Birthday

IT'S A BIRTHDAY PARTY

Tuesday, March 29, 2016, 6:00-9:00pm

We're Celebrating The Births of Those Born In
January, February, & March

WONT YOU COME AND JOIN US?

Fun, Food, Music AND Games!

Donation: \$10.00

Happy Birthday

Each Day comes bearing its own gifts, unite the ribbons Happy Birthday

LEMON POUND CAKE



Ingredients

- 1 cup (6 oz.) * [NESTLÉ® TOLL HOUSE® Premier White Morsels](#)
- 2 1/2 cups all-purpose flour
- 1 teaspoon baking powder
- 1/2 teaspoon salt
- 1 cup (2 sticks) butter, softened
- 1 1/2 cups granulated sugar
- 2 teaspoons vanilla extract
- 3 large eggs
- 3 to 4 tablespoons grated lemon peel, (about 3 medium lemons)
- 1 1/3 cups buttermilk
- 1 cup powdered sugar
- 3 tablespoons fresh lemon juice



PREHEAT oven to 350° F. Grease and flour 10-cup Bundt pan.

MELT morsels in medium, uncovered, microwave-safe bowl on MEDIUM-HIGH (70%) power for 1 minute; **STIR**. Morsels may retain some of their original shape. If necessary, microwave at additional 10 to 15-second intervals, stirring just until morsels are melted. Cool slightly.

COMBINE flour, baking powder and salt in small bowl. Beat butter, sugar and vanilla extract in large mixer bowl until creamy. Beat in eggs, one at a time, beating well after each addition. Beat in lemon peel and melted morsels. Gradually beat in flour mixture alternately with buttermilk. Pour into prepared Bundt pan.

BAKE for 50 to 55 minutes or until wooden pick inserted in cake comes out clean. Cool in pan on wire rack for 10 minutes. Combine powdered sugar and lemon juice in small bowl. Make holes in cake with wooden pick; pour *half* of lemon glaze over cake. Let stand for 5 minutes. Invert onto plate. Make holes in top of cake; pour *remaining* glaze over cake. Cool completely before serving.



A Culture of Philanthropy at PVM

What is “philanthropy” and what does it mean to have a “culture of philanthropy?” In simple terms, philanthropy is an act done or gift made **to help make life better for others**. Philanthropy is a values-based process that happens when someone feels compelled to give, not because they felt pressured, but because their interests match that of the organization. Philanthropy is rarely transactional—it’s transformative, it’s an investment.

Without philanthropy, Presbyterian Villages of Michigan would not exist. PVM’s flagship Village, The Village of Redford, was established in 1945 through a \$10,000 philanthropic gift made by Clarence D. Sterling. Philanthropy is integral to PVM’s history *and* future, with 27 Villages and the many numerous programs and services that impact residents every day.

As an example, through the generous philanthropy of donors, the PVM Foundation granted **\$7,457,530*** in 2015 for Village projects and programs including the following:

- Pre-development activity at **The Thome Rivertown Neighborhood** for the Weinberg Green Houses® and community space
- A new bus at **The Village of Holly Woodlands**
- Wellness Center upgrades at **Perry Farm Village**
- A new computer and printer at **The Village of Bethany Manor**
- Funding for resident activities at **16 Villages**
- Beauty shop renovations at **The Village of Westland**

At PVM, we encourage everyone to embody a culture of philanthropy as a way of life, to inspire and encourage others to give back to their community. Our goal is to educate about the importance of philanthropy, honor those who give, and ensure that the tradition of philanthropy is continued by future generations.

We are very appreciative and thankful to all donors and supporters of the PVM mission—**THANK YOU** for all you do to help seniors thrive and to create a culture of philanthropy! If you have any questions or comments, please contact us at 248-281-2040 or pvmfoundation@pvm.org.

Warm regards,
Paul J. Miller, CFRE

– SUPPLEMENT INCOME WITH FIXED ANNUAL PAYMENTS FOR LIFE –

HELPING OTHERS helps you!

Did you know you can secure a fixed rate annuity that will generate annual payments for life by making a contribution to PVM?

UP TO 9% RETURN

Presbyterian Villages OF MICHIGAN THE FOUNDATION

Check out your possible rate of returns by visiting www.pvmgifts.org

Or, for more information, call Paul Miller at the PVM Foundation **248.281.2045**

Announcements

The Men’s Club
meets every
1st Monday
at
5:00 p.m.

*Please see Mr. Arthur Hill if you are interested in joining.



The resident
association
meetings are held
every fourth
Thursday at
4:30 p.m. in the
E. Kern Tomlin
community room.

Florine Grice, President
Thomas Jackson, Treasurer.



It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

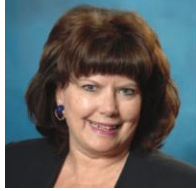
Did You Know?



If you are among the 500,000 plus Americans who undergo open heart surgery each year, then you have Dr. Daniel Hale Williams to thank for it. Defying conventional wisdom and against all odds, Dr. Williams successfully stitched together a tear in the heart lining of a young stabbing victim, which by today's standards would be considered routine. What makes this operation remarkable is that it took place in 1893! Anesthetics were primitive, there were no antibiotics, and blood transfusion had yet to be perfected.

Despite the risk, Dr. Williams opened the victim's chest and performed the surgery. Unlike his predecessors, however, he used early antiseptic methods to cleanse the repaired wound before re-closing the chest. Fifty-one days later the victim left the hospital infection free, and lived another 20 years. Until that time, patients who had their chests surgically opened died days later usually from massive infection. Thanks to Dr. Williams' pioneering surgical techniques and use of antiseptics, no longer was open heart surgery considered to be an automatic death sentence.

In addition to being the first physician to successfully perform open heart surgery, Dr. Williams founded Provident Hospital in Chicago, the nation's first interracial hospital and nurse training school. He was also the first African American physician to be inducted into the American College of Surgeons. This February, as we celebrate both Heart Health Month and Black History Month we owe Dr. Williams a debt of gratitude for making the seemingly impossible possible and saving countless lives as a result.



The Senior Advocate.

By Lynn Alexander,
Vice President of Public Affairs

THE LATEST ON THE AGING OF AMERICA

NEW FLASH! Our society is getting older! I call this a new flash in jest since almost everyone seems to know this either from the news itself or from personal experience. Every family and community in America is involved in some way with this dramatic demographic shift in our culture. Whether you are a senior citizen, a provider, a senior's loved one or an advertiser this notion will resonate with you. Although we know this important fact, actually focusing in on specific statistics really brings the case home. The Administration on Aging has published some very interesting data which I thought you may find interesting:

America's population age 65 and over numbered 44.7 million in 2013, an increase of 8.8 million or 24.7% since 2003.

The number of Americans aged 45-64 – who will reach 65 over the next two decades – increased by 20.7% between 2003 and 2013.

About one in every seven, or 14.1% of the population, is an older American.

Persons reaching age 65 have an average life expectancy of an additional 19.3 years (20.5 years for females and 17.9 years for males).

There were 67,347 persons aged 100 or more in 2013.

Older women outnumber older men at 25.1 million older women to 19.6 older men.

Older men were much more likely to be married than older women - 72% of men, 46% of women.

These statistics are not only interesting for all, but vitally important for women. They show us that women are far more likely to live alone as they age and have an even greater need for financial security. Wayne State University's Institute of Gerontology has placed a great deal of focus on developing financial acumen for seniors. Their website is:

www.iog.wayne.edu. Local senior centers also have programs available to build a path for financial acumen and sustainability. A major decision for many women involves how pension monies are disbursed. If possible, do not take a larger amount while both spouses are living and then a lower amount on the death of a spouse. This can endanger the financial capability of the surviving spouse. If you are having difficulty collecting on a pension due to mergers or other corporate issues, Elder Law of Michigan has a pension hotline to assist. Their hotline number is: (866) 400-9164.

So to all of our readers, and especially women, please take this information to heart and take action to secure your financial future. It is the best gift you can give to yourself and loved ones.

Announcements

**The Enhanced
Fitness group
meets every
Monday,
Wednesday and
Friday.**



**On Wednesday
mornings as long as
the weather permits,
the Enhanced
Fitness group walks
outside of the
building. Feel free
to join them at 10:00
a.m. in the lobby.**

**Please see Mrs.
Charity Jackson**

February

HAPPY Birthday



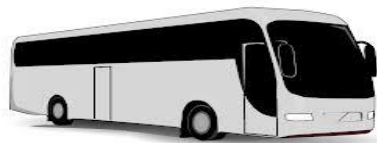
Willie Delaney 2/9
 Luvenia Ryans 2/9
 Bernadine Jenkins 2/9
 Lee Wallace 2/12
 Leon Stewart 2/19
 Helen Presley 2/20
 Henry White 2/24

Harold Massingille
Service Coordinator
313-832-1576

The beauty salon is open Wednesday through Saturday. Please call and schedule your appointment today!

(313) 832-8804

WAL-MART



The Walmart bus leaves promptly at 8:50 a.m. If you would like to go shopping please be in the lobby every Thursday by 8:30 am.



Calendar

FEBRUARY 2016						
SUN	MON	TUE	WED	THU	FRI	SAT
	1 Enhanced Fitness 11:30 am MEN'S CLUB MEETING 6:00 pm	2 Arts and Crafts Groundhog Day	3 Enhanced Fitness 11:30 am BINGO 1:00 pm CREDIT UNION 10:00a Bible Study 6:00p	4 WALMART 8:30am pick up 	5 Enhanced Fitness 11:30 am 	6 BEAUTY SALON
7 Visit your Church 4:00 pm. Rev. Knox 	8 Enhanced Fitness 11:30 am 	9 Arts and Crafts DEB'S DOLLAR STORE PLUS 10:am 12:00 pm.	10 Enhanced Fitness 11:30 am 1:00 pm Bible Study 6:00p	11 WALMART 8:30am pick up FOCUS HOPE 	12 Enhanced Fitness 11:30 am 	13 BEAUTY SALON KAPPA MEETING
14 Happy Valentine's Day	15 Black History Program 12-2:00 pm 	16 Arts and Crafts 	17 Enhanced Fitness 11:30 am 1:00 pm Bible Study 6:00p	18 WALMART 8:30am pick up EXTERMINATOR 3rd Floor 	19 Enhanced Fitness 11:30 am 	20 BEAUTY SALON KAPPA RESIDENT BREAKFAST
21 Visit your Church 4:00 pm 	22 Enhanced Fitness 11:30 am 	23 Arts and Crafts 	24 Enhanced Fitness 11:30 am 1:00 pm Bible Study 6:00p	25 WALMART 8:30am pick up 	26 Enhanced Fitness 11:30 am 	27 BEAUTY SALON
28 Visit your Church 4:00 pm 	29 Enhanced Fitness 11:30 am 					

The Village of
**Brush Park Manor
Paradise Valley**
A SENIOR LIVING COMMUNITY

**Brush Park Manor
Paradise Valley
2900 Brush St
Detroit, MI 48201**
Phone: 313-832-9922
Fax: 313-832-8801
E-mail: www.pvm.org

**Janice Scott
Administrator**

**Tamisha Reed-Hobbs
Administrative
Assistant**

**Harold Maxingille
Service Coordinator
313-832-1576**

**Maintenance
Diego Mausung
Harrison Mount
313-832-9922**

**Ara Hunter
Housekeeping**

**Willette Lamar
Beauty Salon
313-832-8804**

Fun Zone

Valentine's Day Word Search

C	D	H	P	Y	E	F	S	R	A	Y	S	G	U	H
K	H	C	E	M	G	N	T	O	M	F	E	L	K	M
D	A	O	D	A	U	S	N	S	K	L	S	T	U	T
P	N	S	C	G	R	M	L	E	I	O	S	G	X	D
P	O	E	G	O	T	T	N	S	W	W	I	R	X	H
V	C	L	I	E	L	D	D	U	C	E	K	A	C	F
F	E	G	Y	R	Q	A	C	Q	A	R	V	O	R	O
W	U	L	H	Q	F	A	T	T	X	S	O	O	Z	H
C	A	N	D	Y	R	L	T	E	T	M	O	N	L	O
U	J	L	Y	D	F	I	Z	D	S	S	G	M	G	O

candy
card
chocolate
cuddle
flowers
friend
heart



hugs
kisses
love
roses
smooch
snuggle

Fun Zone

VALENTINE'S DAY



SECRET CODE

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
																L		Q							

$\frac{O}{W} \frac{S}{L} \frac{S}{Q} \frac{S}{V} \frac{S}{Q}$ $\frac{F}{F} \frac{W}{W} \frac{V}{V} \frac{U}{U}$, $\frac{Z}{Z} \frac{D}{D} \frac{L}{L} \frac{H}{H} \frac{V}{V} \frac{G}{G} \frac{Q}{Q}$
 $\frac{F}{F} \frac{W}{W} \frac{T}{T} \frac{H}{H} \frac{O}{O} \frac{V}{V}$, $\frac{S}{Q} \frac{O}{O} \frac{R}{R} \frac{F}{F} \frac{W}{W}$ $\frac{D}{D} \frac{S}{Q} \frac{S}{Q} \frac{S}{S} \frac{V}{V} \frac{G}{G}$,
 $\frac{F}{F} \frac{K}{K} \frac{U}{U}$ $\frac{S}{Q} \frac{O}{L}$ $\frac{F}{F} \frac{W}{W} \frac{V}{V}$ $\frac{J}{J} \frac{L}{L} \frac{O}{O}$

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Numbers 313-832-9922

Village Staff

Jannie Scott
Administrator

Tanisha Reed-Hobbs
Administrative Assistant

Harold Massingille
(313) 832-1576
Service Coordinator

Del Diego Manning
Maintenance

Harrison Mount
Maintenance

Ara Hunter
Housekeeper

EMERGENCY NUMBER

(313) 832-9922

FAX

(313) 832-8801



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org

The Village of Brush Park Manor Paradise Valley

Board Members:

E. Kern Tomlin, Chair
**John Gardner, Vice
Chair**
**James Bradford,
Treasurer**
**Elaine Hearn,
Secretary**
Dakima Jackson
Paul Johnson
Donald J. McSwain
Ellen Childs
**Gwendolyn
Robertson**
Arthur Caldwell
Lynda K. Jeffries
Michael Morrison
Stacy Brackens

NEW YEAR WORD SCRAMBLE ANSWERS

Memories	Family
Traditions	Horns
Toast	Abash
Party	Cheer
Celebrate	Fireworks
Friends	Clock
January	
Confetti	
Parade	
Resolution	
Midnight	
Ball	
Calendar	
Balloons	

